

Mardi Gras Fun!



RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road
Mt. Juliet, TN 37122

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www.RutlandPlaceSeniorLiving.com

Karen TuckerExecutive Director
Pam BartonMarketing Director
Joanna ArnhartLife Enrichment Director
Brittini AustinAdministrative Services Director
Lester HallMaintenance Director
Eric WebbFood Service Director
Kristin SalsburyCustomer Service Coordinator
Nikki McCalebBookkeeper
Sandi SmithHousekeeping Coordinator
Christian EckwrightMaintenance Assistant
Sylvia O'Choa, Kendra AllenHousekeeping
Brandon KilloranDining Room Manager
Allison KellySous Chef
Rachel BurgenerSalon
**Charlie Greer, Christian Eckwright,
Tommy Hall, Casey Luther**Drivers
**Lisa Ferrara, Emily Amadio, John Staggs,
Maddie Spradley, Nadia Sulfaro, Gretchen Karl,
Mallory Eden, Dave Putman, Samantha Khoury,
Pattie Crawford, Caleb Putman, Lauren Hamilton,
Audrey Darnell, T.J. Kingery, Ally Fowler,
Chloe Camp**Food Service
**Linda Melvin, Eden Tucker, Jeanna Warren,
Cynthia Howard, Cynthia Brown, Sissy Brown,
Dave Putman, Minna Polhemus, Denise Murphy**
Front Desk



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He is Risen!

Easter

is more than jelly beans, candy eggs, chocolate bunnies and egg-dyeing kits. It is so much more than hiding eggs and wearing new Spring attire. As Christians, we know it is our observance of the crucifixion of Christ and his resurrection. At Rutland Place we celebrate this season of rebirth with hope, fellowship, song, worship and of course, a fabulous feast.

Be sure to come hear our Rutland Place JOY Singers as they sing for us on Monday, **the 15th**, at 2:00 p.m.

On Easter Sunday, we will have transportation to church, or join in the service conducted here by Brother Terry Buckner. Our Easter celebrations will culminate with a special Easter Buffet, so please let the Front Desk know if you will be having guests.



EXECUTIVE DIRECTOR'S CORNER

Enjoy the Renewal of Spirit at Rutland

Spring is finally here! Spring and springtime refer to the season, and also to ideas of rebirth, rejuvenation, renewal, resurrection and regrowth. We've had several new opportunities come our way, and it's going to be so great!

I want to thank all of you for the wonderful support you have given me as I embark on my new role as Executive Director. I have been at Rutland Place since the beginning and I am so excited about this new opportunity! I have loved getting to know each of you as you have moved into your new home and also getting to know the ins and outs of our beautiful community. And I can't wait for you to meet our new Life Enrichment Director and Food Service Director! I so look forward to what's ahead!

Joanna Arnhart is our new Life Enrichment Director. I have known her for 35 years. She is amazing—and perfect for this job. Joanna is really motivated and has extensive experience in meeting and event planning services. She is so excited to be here!

Eric Webb is our new Food Service Director. He was previously the Food Service Director at Arcadia Senior Living and has thorough experience in building culinary programs from the ground up, designing kitchens, menu development, operating all aspects of a three-



meal-a-day, full service restaurant and working in the senior industry. He filled in here for a while when we were low on staff, and he's thrilled to be back!

We have a great month planned for you! Our raised flower beds are here and ready to plant. If you like to garden, come join the "Dirt Dobbbers" garden club and make our home even prettier! Watch for signs and updates on when we will plant.

Dr. Ming Wang will be here to discuss Eye Care. We'll also enjoy great entertainment by the Hallmark Barbershop Quartet, John Starbuck, Bill Sleeter, the 3M Boys, Carla Gill, Brian Hanson, the EJ Rider Band, the Providence Players, a variety show by One More Time, classical guitarist Jeff Bianchi and a special Easter performance by the JOY Singers Choir!

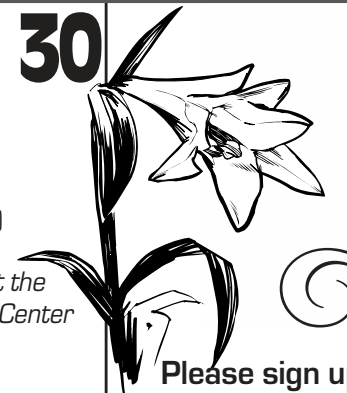
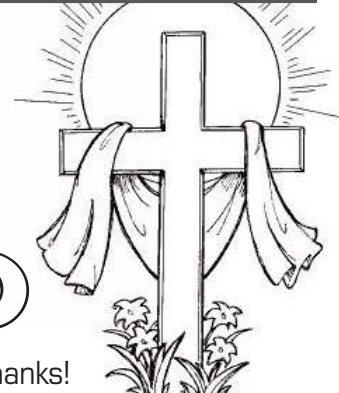
We'll also head to the Sounds Baseball Game, ride the train to dinner at the Acme Feed & Seed and enjoy another free concert at the Schermerhorn Symphony Center. You can come along and watch Eden and I as we participate in the Music City Marathon—and then get doughnuts!

What a wonderful time of year, the days are longer, we can enjoy the beautiful weather, and there are all the fun activities right here at Rutland Place!

—Karen Tucker, Executive Director



Here are some happy faces from last month's trip to Music for Seniors and Cracker Barrel. Don't miss out on this month's great outings!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATION CODES [2F] Second Floor [AR2] Activity Room 2nd Floor [AR3] Activity Room 3rd Floor [CR] Conference Room [DR] Dining Room [L] Lobby [MP] Multi-Purpose 3rd Floor [PDR] Private Dining Room [T] Theatre	Georgie Wall's Birthday 1 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:30 JOY Singers Choir Practice (MP) 12:15 Yoga with Leighanne (MP) 1:00 Hand and Foot Card Game. (AR2) 1:30 MUSIC BY THE HALLMARK BARBERSHOP QUARTET (DR) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Watch "Victoria," Season One, Episode 8 Season Two, Episode 1 (T)	2 8:30 R.O.M.E.O. Breakfast (MP) 10:00 Itchin' for Stitchin' (AR3) 12:00 Belk Senior Day 12:00 Deadline to Sign Up for Sounds Baseball Game on April 16th 1:00 Stretch (MP) 2:00 Ear Screenings and Hearing Aid Cleaning by Elite Audiology (MP) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Cards and Games (AR2)	3 7:30-9:30 Big Breakfast (DR) 8:00 House Calls with Jeff Beard, PA 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Stretch (MP) 1:00 Bible Study (T) 2:00 BINGO WITH TRE FROM MARISTONE (MP) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F)	4 Maxine Amos' Birthday Anne Jones' Birthday Louise Miller's Birthday BELLE CARES AVAILABLE—FOOT CARE 9:30 Tai Chi (MP) 10:00 Itchin' for Stitchin' (AR3) 11:00 Let's Try Trivia (MP) 1:00 Play Rook (AR2) 2:00 MUSIC BY JOHN STARBUCK (DR) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F)	5 8:30 Podiatrist Irene Campbell (CR) WAITING IN THEATER 9:30 Exercise (MP) 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Itchin' for Stitchin' (AR3) 12:15 Bus to Bingo at MJSC 1:00 Cards and Games (AR2) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Movie Night—"Oceans 8" (T)	6 8:30 Bus to Goodwill— <i>Everything is Half Off!</i> 10:00 Exercise (MP) 10:30 Creative Coloring (AR3) 11:00 Crossword with Dianne (MP) 1:00 Bingo (MP) 2:00 Matinee Movie—You Pick (T) 2:00 Hand and Foot or Rook (AR2) 3:00 Scrabble and Games (AR3) 6:00 Movie Night—"The Miracle Season" (T)
Ruth Eversmeyer's Birthday 7 <i>Church Transportation</i> 8:15 Worship Service with Brother Billie Friel (MP) 1:00 Scrabble, Cards and Games (AR2) 2:00 Matinee Movie—You Pick (T) 6:00 Movie Night—"The Greatest Showman" (T) 6:00 Hand and Foot or Rook (AR2)	8 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:30 JOY Singers Choir Practice (MP) 12:15 Yoga with Leighanne (MP) 12:30 Bus to Special Learning Class on World War II—"Hollywood Goes to War" 1:00 Hand and Foot Card Game (AR2) 2:00 BINGO WITH AUBREY FROM BROOKDALE (MP) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Watch "Victoria," Season Two, Episode 2 and 3 (T)	9 10:00 Itchin' for Stitchin' (AR3) 10:00 Blood Pressure (MP) 10:30 "Arthritis" Seminar by Brookdale (MP) 11:30 Bus to Ben & Jerry's Free Cone Day! 1:00 Stretch (MP) 1:00 Safety Committee (AR2) 2:00 "Dirt Dobbers" Garden Club Meeting (DR) 3:00 Cards and Games (AR2) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Cards and Games (AR2) 7:00 American Legion (MP)	10 FIRE DRILL DAY 7:30-9:30 Big Breakfast (DR) 8:00 House Calls with Jeff Beard, PA 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Stretch (MP) 1:00 Bible Study (T) 4:00-6:00 Men's Barbershop Night in Salon—No Appointment Necessary 5:00 Get to Know Each Other (L) 6:00 Billiards (2F)	11 9:30 Tai Chi (MP) 10:00 Itchin' for Stitchin' (AR3) 10:00 "Spring Spectacular" In-House Horse Racing (MP) 11:00 Let's Try Trivia (MP) 1:00 Play Rook (AR2) 2:00 MUSIC BY THE 3M BOYS (DR) 5:00 Get to Know Each Other (L) 6:00 Bus to Lifelong Learning at MJ Library: "How Hurricanes Form" 6:00 Billiards (2F) 6:00 Cards and Games (AR2)	12 9:30 Exercise (MP) 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Itchin' for Stitchin' (AR3) 1:30 MUSIC BY BILL SLEETER (DR) 2:00 Cards and Games (AR2) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Movie Night—"Victoria and Abdul" (T)	13 10:00 Exercise (MP) 10:30 Creative Coloring (AR3) 1:00 Bingo (MP) 2:00 Matinee Movie—You Pick (T) 2:00 Hand and Foot or Rook (AR2) 3:00 Scrabble and Games (AR3) 6:00 Movie Night—"Runaway Jury" (T)
PALM SUNDAY 14 <i>Church Transportation</i> 9:30 Worship Service with Brother Terry Buckner (MP) 1:00 Scrabble, Cards and Games (AR2) 2:00 Matinee Movie—You Pick (T) 6:00 Movie Night—"Cold Comfort Farm" (T) 6:00 Hand and Foot or Rook (AR2)	15 Martha Campbell's Birthday Bob Tucker's Birthday 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:30 JOY Singers Choir Practice (MP) 12:15 Yoga with Leighanne (MP) 1:00 Hand and Foot Card Game (AR2) 2:00 EASTER CELEBRATION BY THE JOY SINGERS CHOIR (DR) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Watch "Victoria," Season Two, Episodes. 4 and 5 (T)	16 10:00 Itchin' for Stitchin' (AR3) 11:00 New Resident Orientation (MP) 12:00 Food Committee (DR) 1:30 APRIL BIRTHDAY BASH (DR) 2:00 MUSIC BY CARLA GILL (DR) 3:00 Cards and Games (AR2) 5:00 Get to Know Each Other (L) 5:30 Bus to Nashville Sounds Baseball Game 6:00 Billiards (2F) 6:00 Cards and Games (AR2)	17 7:30-9:30 Big Breakfast (DR) 8:00 House Calls with Jeff Beard, PA 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Stretch (MP) 10:00-4:00 DINING ROOM CLOSED FOR CHAMBER EVENT 1:00 Bible Study (T) 2:30 BINGO WITH TRE FROM MARISTONE (MP) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F)	18 9:30 Tai Chi (MP) 10:00 Itchin' for Stitchin' (AR3) 10:00-4:00 DINING ROOM CLOSED FOR REALTOR EVENT 11:00 Let's Try Trivia (MP) 1:00 Play Rook (AR2) 5:00 Get to Know Each Other (L) 6:00 Bus to Lifelong Learning at MJ Library: "Katrina, Andrew and Pinatubo" 6:00 Billiards (2F) 6:00 Cards and Games (AR2) 6:00 DAR Meeting (T)	19 GOOD FRIDAY Joe Carter's Birthday 9:30 Exercise (MP) 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Itchin' for Stitchin' (AR3) 1:00 Cards and Games (AR2) 1:00 Ballroom Dance Class (MP) 2:00 EYE CARE WITH DR. MING WANG (MP) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Movie Night—"Guarding Tess" (T)	20 Barbara Volker's Birthday 10:00 Exercise (MP) 10:30 Creative Coloring (AR3) 11:00 Crossword with Dianne (MP) 1:00 Bingo (MP) 2:00 Matinee Movie—You Pick (T) 2:00 Hand and Foot or Rook (AR2) 3:00 Scrabble and Games (AR3) 6:00 Movie Night—"Seabiscuit" (T)
He is Risen! HAPPY EASTER 21 <i>Church Transportation</i> 9:30 Worship Service with Brother Terry Buckner (MP) 1:00 Scrabble, Cards and Games (AR2) 2:00 Matinee Movie—You Pick (T) 6:00 Movie Night—"I Can Only Imagine" (T) 6:00 Hand and Foot or Rook (AR2)	22 Dot Fielder's Birthday Sue Maloney's Birthday 8:00 Breakfast at IHOP 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:30 JOY Singers Choir Practice (MP) 12:00 Deadline to Sign Up for Train to Acme on April 23rd 12:15 Yoga with Leighanne (MP) 1:00 Hand and Foot Card Game (AR2) 2:00 MUSIC BY BRIAN HANSON (DR) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 "Victoria," Season. 2, Eps. 6 and 7 (T)	23 10:00 Itchin' for Stitchin' (AR3) 11:00 "TELL Your Story" Writing Group (PDR) 1:00 Stretch (MP) 2:00 MUSIC BY THE EJ RIDER BAND (DR) 3:00 Cards and Games (AR2) 3:20 Take the Train to Dinner at Acme Feed and Seed 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Cards and Games (AR2)	24 7:30-9:30 Big Breakfast (DR) 8:00 House Calls with Jeff Beard, PA 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Stretch (MP) 1:00 Bible Study (T) 2:00 Get to Know Joanna Arnhart, Our New Life Enrichment Director (DR) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F)	25 9:30 Tai Chi (MP) 10:00 Itchin' for Stitchin' (AR3) 11:00 Let's Try Trivia (MP) 12:30 Resident Advisory Council (PDR) 1:00 Play Rook (AR2) 2:00 CLASSICAL GUITAR MUSIC BY JEFF BIANCHI (DR) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Cards and Games (AR2)	26 9:30 Exercise (MP) 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Itchin' for Stitchin' (AR3) 10:30 Pet Therapy (2ND FLOOR) 12:00 Deadline to Sign Up for Saturday Marathon 1:00 MUSIC BY THE PROVIDENCE PLAYERS (DR) 2:00 Cards and Games (AR2) 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Movie Night—"Moonstruck" (T)	27 8:00 Bus to Watch Karen and Eden in the Music City Marathon, Then to Krispy Kreme for Doughnuts! 10:00 Exercise (MP) 10:30 Creative Coloring (AR3) 1:00 Bingo (MP) 2:00 Matinee Movie—You Pick (T) 2:00 Hand and Foot or Rook (AR2) 3:00 Scrabble and Games (AR3) 5:00 Bus to Courtney's to Hear Nashville Vocal Jazz Company 6:00 Movie Night—"Doubt" (T)
Katherine Baskin's Birthday 28 Janie Williams' Birthday <i>Church Transportation</i> 9:30 Worship Service with Brother Terry Buckner (MP) 11:30 Katherine Baskin's Birthday Party—Come for Cake! (DR) 1:00 Scrabble, Cards, Games (AR2) 2:00 Matinee Movie—You Pick (T) 6:00 Movie Night—"9 to 5" (T) 6:00 Hand and Foot or Rook (AR2)	29 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:30 JOY Singers Choir Practice (MP) 12:15 Yoga with Leighanne (MP) 1:00 Hand and Foot Card Game (AR2) 2:00 RESIDENT MEETING (DR) 4:00 Dinner Out and Sunset Restaurant in Lebanon 5:00 Get to Know Each Other (L) 6:00 Billiards (2F) 6:00 Watch "Victoria," Season Three, Episode 1 (T)	30 10:00 Itchin' for Stitchin' (AR3) 1:00 Stretch (MP) 2:00 MUSIC BY THE "ONE MORE TIME" VARIETY SHOW (DR) 3:00 Cards and Games (AR2) 5:00 Get to Know Each Other (L) 5:00 Bus to Free Concert: "Trombone World Tour" at the Schermerhorn Symphony Center 6:00 Billiards (2F) 6:00 Cards and Games (AR2)	 <h1 style="font-family: cursive;">April 2019</h1> <h2 style="font-family: serif;">RUTLAND PLACE</h2>			

Please sign up for weekend events by FRIDAY at NOON. This will enable us to plan transportation accordingly. Thanks!