

Thank You, Mike!



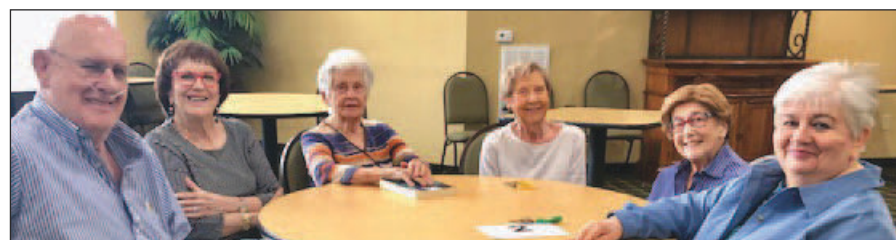
Here's our new Life Enrichment Director, **Joanna Arnhart**, with resident **Mike Villa**. We would like to recognize Mike for his willingness to lend a hand with our all of our activities and special events. We sure appreciate him!



Thanks to our Marketing Director, Pam Barton, for bringing author **Teresa Smyser** for a special afternoon of bonbons and book signing.



Residents enjoyed a festive evening celebrating Cinco de Mayo with our first-ever mariachi band. Great food and music were enjoyed by all!



If you aren't participating in the weekly **Trivia Game**, you're missing out! Laugh, learn and enjoy each other's company. Join the group on **Thursdays** at 11:00 in the Multi-Purpose Room.



RUTLAND PLACE

RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road
Mt. Juliet, TN 37122

(615) 773-6111

www.RutlandPlaceSeniorLiving.com

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Linda Melvin, Eden Tucker, Jeanna Warren, Cynthia Howard, Cynthia Brown, Minna Polhemus, Denise Murphy Front Desk



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JUNE 2019

Rutland Rave

Calling all Wahines and Kahunas!

Hawaiian Luau Celebration!

Dust off your colorful shirts and grass skirts and join us for a delightful time. Enjoy a fabulous tropical luau featuring delicious Polynesian cuisine, and lively Hawaiian-style entertainment!

FEATURING LIVE MUSIC BY THE UKEDELICS!
Thursday, June 27th
5:00 P.M.

EXECUTIVE DIRECTOR'S CORNER

Summer's Arrival Brings Much to Do at Rutland Place

Hello June and summertime! What a great time of year to get out and enjoy the nice, warm weather! Our patio is absolutely beautiful, so please take advantage of that awesome space.

We have so many things to look forward to this month! And it's that time of year again! The **Staff Appreciation Party** will be held on Friday, **June 28th**. Since we have a "no tipping" policy, we have a "**Staff Appreciation Fund**" that goes to all the hourly employees, once in June and again in December. You may choose to contribute to this fund if you wish; it is collected solely on a volunteer basis. You can give whatever you feel comfortable with, or you may choose not to participate. The funds will be fairly divided based on the number of hours each employee has worked since January. Please have your donations in no later than Monday, June 24th. Thank you so much for brightening their summer even more!

We'll honor all the father's here with a special **Father's Day Lunch**, enjoy a **Watermelon Party** on the patio, share the excitement of the **Rutland Stakes** in-house horse racing and a

Pool Tournament.

There's another **Mandatory Scooter School** for those that didn't come or didn't pass last month's session.

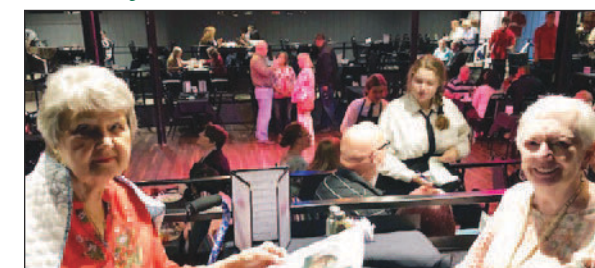
To round out the month, Joanna has a big **Luau and Pig Roast** with music by the **the Ukedelics!** We'll have other great entertainment by **Roger Bache, John Starbuck, Brian Hanson, Travis Wetzel, the EJ Rider Band, Pam Weston and Bill Sleeter!**

We'll head over to Maristone for **Bring the Zoo to You** with the Nashville Zoo. We're going to **two free concerts**: the **Nashville Symphony** in Lebanon and a Music for Seniors Concert with the **San Rafael Band** in Franklin. Other outings include shopping at Goodwill, dinner at Demos' and Sunset Restaurants, lunch at the Chocolate Covered Strawberry Café, Bus to an Antiquing Excursion with Casey and **other surprises!**

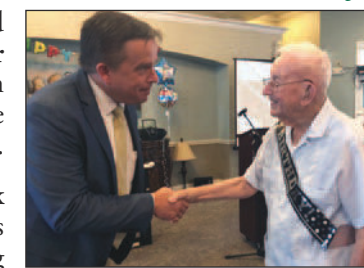
Rutland Place is such a wonderful place to live (and work), and I'm so thankful to be on this journey with you!

—Karen Tucker, Executive Director

Every Month is Filled with Great Events at Home and Away!



We enjoyed a Mother's Day weekend trip to **Chaffin's Barn Dinner Theater** to see *Listen to Your Mother*. Our own **Ada Salsbury's** talented daughter **Layne Sasser** was one of the stars of the show.



On May 16th we celebrated **Max Anderson's 100th birthday**. Thanks to the Anderson family for allowing

us to share this special day. Max entertained everyone with his ballroom dancing, harmonica playing and sharing some of the things that have happened in his lifetime. **Steve Bell**, with Tennessee Veterans Services, made a special presentation from the governor's office as well. Happy birthday, Max!





June 2019

RUTLAND PLACE

Father's Day
Sunday, June 16th

LOCATION CODES
 [2F] Second Floor
 [AR2] Activity Room 2nd Floor
 [AR3] Activity Room 3rd Floor
 [CR] Conference Room
 [DR] Dining Room
 [L] Lobby
 [MP] Multi-Purpose 3rd Floor
 [PDR] Private Dining Room
 [T] Theatre

Loretta Harris' Birthday 1
*8:30 Bus to Goodwill—
 Everything is Half Off!*
 10:00 Exercise [MP]
 10:30 Creative Coloring [AR3]
 11:00 Crossword with Dianne [T]
 1:00 Bingo [MP]
 2:00 Matinee Movie—You Pick [T]
 2:00 Hand and Foot or Rook [AR2]
 3:00 Scrabble and Games [AR3]
 6:00 Movie Night [T]

Jan Parks' Birthday 2
Church Transportation
 8:15 Worship Service with
 Brother Billie Friel [MP]
 1:00 Scrabble, Cards
 and Games [AR2]
 2:00 Matinee Movie—You Pick [T]
 6:00 Movie Night [T]
 6:00 Hand and Foot
 or Rook [AR2]

3
 9:30 Walmart/Banks/
 Shop North of I-40
 10:30 JOY Singers Choir Practice [MP]
12:15 Yoga with Leighanne [MP]
 1:00 Hand and Foot Card Game. [AR2]
 2:00 "Dirt Dobbers" Garden Club
 Meeting [PDR]
3:00 New Resident Orientation [PDR]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
**6:00 Watch Special Showing of
 PBS' "Amelia Earhart"** [T]

**Jo Thornton's Birthday
 Patricia Hughes' Birthday 4**
 8:30 R.O.M.E.O. Breakfast [MP]
 10:00 Itchin' for Stitchin' [AR3]
 1:00 Stretch [MP]
**2:00 Ear Screenings and Hearing Aid
 Cleaning by Elite Audiology** [MP]
2:00 MUSIC BY ROGER BACHE [DR]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Cards and Games [AR2]

5
 8:00 House Calls
 with Jeff Beard, PA
 9:30 Shop in the Providence Area
 10:00 Stretch [MP]
**12:45 Bus to Maristone for
 "Bring the Zoo to You"
 with the Nashville Zoo**
 1:00 Bible Study [T]
 4:00-6:00 Men's Barbershop Night in
 Salon—No Appointment Necessary
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]

**BELLE CARES AVAILABLE
 FOR FOOT CARE 6**
9:30 Tai Chi [MP]
 10:00 Itchin' for Stitchin' [AR3]
 11:00 Let's Try Trivia [MP]
 1:00 Play Rook [AR2]
2:00 MUSIC BY JOHN STARBUCK [DR]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Cards and Games [AR2]

7
 8:30 Podiatrist Irene Campbell [CR]
 WAITING IN THEATER
 9:30 Exercise [MP]
 9:30 Walmart/Shop North of I-40
 10:00 Itchin' for Stitchin' [AR3]
12:15 Bus to Bingo at MJSC
 2:00 Cards and Games [AR2]
 5:00 Get to Know Each Other [L]
**5:45 BUS TO FREE NASHVILLE
 SYMPHONY CONCERT
 IN LEBANON**
 6:00 Billiards [2F]
 6:00 Movie Night [T]

8
 7:30-9:30 Big Breakfast [DR]
 10:00 Exercise [MP]
 10:30 Creative Coloring [AR3]
 1:00 Bingo [MP]
 2:00 Matinee Movie—You Pick [T]
 2:00 Hand and Foot or Rook [AR2]
 3:00 Scrabble, Cards
 and Games [AR3]
 6:00 Movie Night [T]

Church Transportation
 9:30 Worship Service with
 Brother Terry Buckner [MP]
 1:00 Scrabble, Cards
 and Games [AR2]
 2:00 Matinee Movie—You Pick [T]
 6:00 Movie Night [T]
 6:00 Hand and Foot
 or Rook [AR2]

9
8:00 Breakfast at IHOP
 9:30 Walmart/Banks/
 Shop North of I-40
 10:30 JOY Singers Choir Practice [MP]
12:15 Yoga with Leighanne [MP]
 1:00 Hand and Foot Card Game [AR2]
2:00 MUSIC BY TRAVIS WETZEL [DR]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Watch BBC Series
 "The Forsyte Saga" [T]

10
 10:00 Itchin' for Stitchin' [AR3]
10:00 Blood Pressure [MP]
**10:30 "How to Live an Optimum Life"
 Seminar by Brookdale** [MP]
1:30 JUNE BIRTHDAY BASH [DR]
2:00 MUSIC BY BRIAN HANSON [DR]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Cards and Games [AR2]
 7:00 American Legion [MP]

11
 8:00 House Calls
 with Jeff Beard, PA
 9:30 Shop in the Providence Area
 10:00 Stretch [MP]
**12:45 BUS TO FREE CONCERT WITH
 SAN RAFAEL BAND
 IN FRANKLIN**
 1:00 Bible Study [T]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]

Mary Murphy's Birthday 12
9:30 Tai Chi [MP]
 10:00 Itchin' for Stitchin' [AR3]
 11:00 Let's Try Trivia [MP]
 11:00 Safety Committee [AR2]
 1:00 Play Rook [AR2]
2:00 MUSIC BY EJ RIDER [DR]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Cards and Games [AR2]

13
 9:30 Exercise [MP]
 9:30 Walmart/
 Shop North of I-40
 10:00 Itchin' for Stitchin' [AR3]
11:30 Special Father's Day Lunch [DR]
**2:00 BINGO WITH VICTORIA
 FROM THE PAVILION** [MP]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Movie Night [T]

14
 7:30-9:30 Big Breakfast [DR]
**9:30 Bus to Antiquing
 Excursion with Casey**
 10:00 Exercise [MP]
 10:30 Creative Coloring [AR3]
 11:00 Crosswords with Diane [T]
 1:00 Bingo [MP]
 2:00 Matinee Movie—You Pick [T]
 2:00 Hand and Foot or Rook [AR2]
 3:00 Scrabble, Cards
 and Games [AR3]
 6:00 Movie Night [T]

FATHER'S DAY 16
Church Transportation
 9:30 Worship Service with
 Brother Terry Buckner [MP]
 1:00 Scrabble, Cards
 and Games [AR2]
 2:00 Matinee Movie—You Pick [T]
 6:00 Movie Night [T]
 6:00 Hand and Foot
 or Rook [AR2]

17
 9:30 Walmart/Banks/
 Shop North of I-40
 10:30 JOY Singers Choir Practice [MP]
12:15 Yoga with Leighanne [MP]
 1:00 Hand and Foot Card Game [AR2]
**4:00 Dinner Out at the Sunset
 Restaurant in Lebanon**
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Watch BBC Series
 "The Forsyte Saga" [T]

18
 10:00 Itchin' for Stitchin' [AR3]
**11:00 YOUR LIFE, YOUR LEGACY
 SEMINAR BY HERMITAGE
 FUNERAL HOME** [MP]
 12:00 Food Committee [DR]
 1:00 Stretch [MP]
2:00 MUSIC BY PAM WESTON [DR]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Cards and Games [AR2]

Betty Swafford's Birthday 19
 8:00 House Calls with
 Jeff Beard, PA
 9:30 Shop in the Providence Area
 10:00 Stretch [MP]
 10:00-4:00 DINING ROOM CLOSED
 FOR CHAMBER EVENT
 1:00 Bible Study [T]
2:30 BINGO WITH MARISTONE [MP]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]

Wendell Poole's Birthday 20
9:30 Tai Chi [MP]
 10:00 Itchin' for Stitchin' [AR3]
**10:00 MANDATORY
 SCOOTER SCHOOL** [MP]
 10:00-4:00 DINING ROOM CLOSED
 FOR REALTOR EVENT
 11:00 Let's Try Trivia [MP]
 12:30 Resident Advisory Council [PDR]
**2:00 "Rutland Stakes" In-House
 Horse Racing** [MP]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Cards and Games [AR2]

21
 9:30 Exercise [MP]
 9:30 Walmart/
 Shop North of I-40
 10:00 Itchin' for Stitchin' [AR3]
11:00 MUSIC BY BILL SLEETER [DR]
**12:00 BUS TO CHOCOLATE COVERED
 STRAWBERRY CAFÉ**
 2:00 Cards and Games [AR2]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Movie Night [T]

22
 7:30-9:30 Big Breakfast [DR]
**9:00 POOL
 TOURNAMENT** [2F]
 10:00 Exercise [MP]
 10:30 Creative Coloring [AR3]
 1:00 Bingo [MP]
 2:00 Matinee Movie—You Pick [T]
 2:00 Hand and Foot or Rook [AR2]
 3:00 Scrabble, Cards
 and Games [AR3]
 6:00 Movie Night [T]

Church Transportation
 9:30 Worship Service
 with Brother
 Terry Buckner [MP]
 1:00 Scrabble, Cards
 and Games [AR2]
 2:00 Matinee Movie—You Pick [T]
 6:00 Movie Night [T]
 6:00 Hand and Foot or Rook [AR2]

23/30
 9:30 Walmart/Banks/
 Shop North of I-40
 10:30 JOY Singers Choir Practice [MP]
12:15 Yoga with Leighanne [MP]
 1:00 "TELL Your Story"
 Writing Group [PDR]
 1:00 Hand and Foot Card Game [AR2]
**4:00 Dinner Out at Demos'
 Restaurant in Lebanon**
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Watch BBC Series
 "The Forsyte Saga" [T]

24
 10:00 Itchin' for Stitchin' [AR3]
 1:00 Stretch [MP]
**2:00 BINGO WITH AUBREY
 FROM BROOKDALE** [MP]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Cards and Games [AR2]

25
 8:00 House Calls with
 Jeff Beard, PA
 9:30 Shop in the Providence Area
 10:00 Stretch [MP]
**12:30 WATERMELON PARTY
 on the Patio**
 1:00 Bible Study [T]
**2:00 RESIDENT MEETING
 WITH KAREN** [DR]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]

26
9:30 Tai Chi [MP]
 10:00 Itchin' for Stitchin' [AR3]
 11:00 Let's Try Trivia [MP]
 1:00 Play Rook [AR2]
**5:00 LUAU AND PIG ROAST WITH
 MUSIC BY THE UKEDELICS** [DR]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Cards and Games [AR2]

27
 9:30 Exercise [MP]
 9:30 Walmart/
 Shop North of I-40
 10:00 Itchin' for Stitchin' [AR3]
11:00 Ballroom Dance Class [MP]
1:00 Pet Therapy [2F]
**2:00 EMPLOYEE APPRECIATION
 PARTY** [DR]
 2:00 Cards and Games [AR2]
 5:00 Get to Know Each Other [L]
 6:00 Billiards [2F]
 6:00 Movie Night [T]

28
**Carlene Hills' Birthday
 Rosie Ward's Birthday
 Lillian Zwirner's Birthday 29**
 7:30-9:30 Big Breakfast [DR]
 10:00 Exercise [MP]
 10:30 Creative Coloring [AR3]
 11:00 Crosswords with Dianne [T]
 1:00 Bingo [MP]
 2:00 Matinee Movie—You Pick [T]
 2:00 Hand and Foot or Rook [AR2]
 6:00 Movie Night [T]