

## Memorable MOMENTS



Our wonderful **Itchin' for Stitchin'** group generously donated 20 handmade throws to the patients at the **Summit Dialysis Clinic**. This was to honor one of our residents, **Ann McCracken**, who is a patient there.



Our **Joy Choir** presented a beautiful Easter concert recently. Thanks to all of the members for their hard work and dedication. We even had a special surprise from the Easter bunny at their holiday program.



"Nash," the fun-loving mascot of the Sounds baseball team, was everywhere!

## Thank You!

Thank you to the **Eagle Scouts** for making the beautiful planter boxes. And a big "shout out" to the **Dirt Dobbers Garden Club** for working to make them look so beautiful! Be sure to step outside on the patio and take a look.

## Updated Directories

Updated directories will be coming out this month. Please be sure to place your old directory sheets in the **shred box** since they contain personal information. Thank you!

## Coming Soon

Look for a new and improved way to make your transportation appointments. Details and a new form are coming soon!

# RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road  
Mt. Juliet, TN 37122

(615) 773-6111

www.RutlandPlaceSeniorLiving.com

- Karen Tucker** .....Executive Director
- Pam Barton** .....Marketing Director
- Joanna Arnhart** .....Life Enrichment Director
- Brittni Austin** .....Administrative Services Director
- Lester Hall** .....Maintenance Director
- Eric Webb** .....Food Service Director
- Kristin Salsbury** .....Customer Service Coordinator
- Nicki McCaleb** .....Bookkeeper
- Sandi Smith** .....Housekeeping Coordinator
- Christian Eckwright** .....Maintenance Assistant
- Sylvia O'Choa, Kendra Allen** .....Housekeeping
- Brandon Killoran** .....Dining Room Manager
- Allison Kelly** .....Sous Chef
- Rachel Burgener** .....Salon
- Charlie Greer, Christian Eckwright, Tommy Hall, Casey Luther** .....Drivers
- Lisa Ferrara, Emily Amadio, Maddie Spradley, Nadia Sulfaro, Gretchen Karl, Mallory Eden, Dave Putman, Samantha Khoury, Pattie Crawford, Caleb Putman, Audrey Darnell, T.J. Kingery, Ally Fowler, Chloe Camp, Eli Gullett, T.J. Dunn** .....Food Service
- Linda Melvin, Eden Tucker, Jeanna Warren, Cynthia Howard, Cynthia Brown, Minna Polhemus, Denise Murphy** .....Front Desk



©2019, Rutland Place. All Rights Reserved.  
Produced by Rick Weech Design & Print, Inc.  
www.RickWeech.com



MAY 2019

# The Rutland Rave



## Memorable MOMENTS



Mr. Max and Ms. Vicki dancing to the sounds of the 3M Boys. Please join us on May 16th as we celebrate Max's 100th birthday!



Enjoying a Sounds game in the company of mascot "Nash."

## EXECUTIVE DIRECTOR'S CORNER

### 'Tis the Season to Get Out and Enjoy the Weather!



What a great time of year! The sunshine, the warmer weather, and the beautiful flowers and blooms of spring! Let me offer a huge **thank you** to our **Dirt Dobbers Garden Club!** They did such a wonderful job planting on the patio and outside the Dining Room windows! Everyone needs to go outside and enjoy the tranquil setting of our beautiful patio!

We have a great month ahead! Our awesome Life Enrichment Director **Joanna** has so many fun things planned. You'll love the Mariachi Band she found to perform at our **Mexican Fiesta Party!**

Don't forget **Max Anderson will be 100 years young!** Everyone's invited to join the celebration of this special day for a truly wonderful gentleman!

Other great activities include a special invitation from Pam to join her for **Bon Bons and a Book Signing** with **Teresa Smyser**. We'll get to know **Eric Webb**, our new Food Service Director. Take part in or watch the **Rook Tournament** and have fun at a special **Tea Party** with a First Baptist Church Sunday School class! And since chocolate ice cream was Howard Helton's favorite dessert, we will have a chocolate ice cream party in his memory. We'll watch the **Kentucky Derby**, watch our very own in-house "**Rutland Derby**" Horse Racing and have a **picnic on the patio!**

Delight in great music by the **Callisto Renaissance Band, Pam Weston, Bill Sleeter, John Starbuck, Travis Wetzell, Mark Edwards, James Breedwell, Debbi & Friend, a Belvedere, IL High School Choir**, and a music recital with **Jennie Stillman's students!**

Be sure to hop on the bus to go to the **Mt. Juliet Library** to enjoy the special ongoing **Lifelong Learning Classes** on Thursday nights. Be entertained by **Ada Salsbury's** actress daughter in "**Listen to Your Mother**" at **Chaffin's Barn Theatre**, go watch **Peter Pan** at **Mt. Juliet Middle School**, or take the train (or bus) down to Nashville to have dinner at the **Acme Feed & Seed**.

There's never a dull moment at Rutland Place, so come on out and have some fun! And, by the way, have I told you how happy I am to be here? I so love our Rutland Place family!

—Karen Tucker, Executive Director

## Dirt Dobbers Garden Club Added Color to Our Community





# May 2019

## RUTLAND PLACE

Please sign up for weekend events by FRIDAY at NOON so we may plan transportation accordingly.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>FIRE DRILL DAY!</b> 7:30-9:30 Big Breakfast [DR] 8:00 House Calls with Jeff Beard, PA 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Stretch [MP] 1:00 Bible Study [T] <b>2:30 BINGO WITH TRE FROM MARISTONE</b> [MP] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F]	<b>BELLE CARES AVAILABLE—FOOT CARE</b> 9:30 Tai Chi [MP] 10:00 Itchin' for Stitchin' [AR3] 11:00 Let's Try Trivia [MP] 12:00 Deadline to Sign Up for "Listen to Your Mother" at Chaffin's Barn Dinner Theatre on May 11th 1:00 Play Rook [AR2] <b>2:00 MUSIC BY JOHN STARBUCK</b> [DR] 5:00 Get to Know Each Other [L] 6:00 Bus to Lifelong Learning Program at MJ Library 6:00 Billiards [2F] 6:00 Cards and Games [AR2]	8:30 Podiatrist Irene Campbell [CR] WAITING IN THEATER 9:30 Exercise [MP] 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Itchin' for Stitchin' [AR3] 12:15 Bus to Bingo at MJSC <b>2:00 MUSIC BY BILL SLEETER</b> [DR] 2:00 Cards and Games [AR2] 3:00 Dirt Dobbers Garden Club [PDR] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Movie Night—"Home Again" [T]	<b>Dot Russell's Birthday</b> 8:30 Bus to Goodwill— Everything is Half Off! 10:00 Exercise [MP] 10:30 Creative Coloring [AR3] 11:00 Crossword with Dianne [T] 1:00 Bingo [MP] 2:00 Matinee Movie—You Pick [T] 2:00 Hand and Foot or Rook [AR2] 3:00 Scrabble and Games [AR3] 5:00 Watch the Kentucky Derby [T] 7:00 Movie Night—"Seabiscuit" [T]
<i>Church Transportation</i> 8:15 Worship Service with Brother Billie Friel [MP] 1:00 Scrabble, Cards and Games [AR2] 2:00 Matinee Movie—You Pick [T] 6:00 Movie Night—"Wonder Woman" [T] 6:00 Hand and Foot or Rook [AR2]	9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence <b>12:15 Yoga with Leighanne</b> [MP] 12:30 Bus to the Special Learning Class on WW II: "Hollywood Goes to War" 1:00 Hand and Foot Card Game [AR2] 5:00 Get to Know Each Other [L] <b>5:30 MEXICAN FIESTA WITH LIVE ENTERTAINMENT BY A MARIACHI BAND</b> [DR] 6:00 Billiards [2F] 6:00 Watch "Victoria," Season Three [T]	8:30 R.O.M.E.O. Breakfast [MP] 10:00 Itchin' for Stitchin' [AR3] <b>10:30 "RUTLAND DERBY" In-House Horse Racing—Wear Your Fancy Hat!</b> [MP] 12:00 Deadline to Make Reservations for Mother's Day Brunch <b>12:30 Ice Cream Party in Memory of Howard Helton</b> [DR] 1:00 Stretch [MP] <b>2:00 MUSIC BY THE CALLISTO RENAISSANCE BAND</b> 3:00 Cards and Games [AR2] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Cards and Games [AR2]	7:30-9:30 Big Breakfast [DR] 8:00 House Calls with Jeff Beard, PA 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Stretch [MP] 1:00 Bible Study [T] <b>2:00 MUSIC BY PAM WESTON</b> [DR] 4:00-6:00 Men's Barbershop Night in Salon—No Appointment Necessary 5:00 Get to Know Each Other [L] 6:00 Billiards [2F]	<b>Charles Hale's Birthday</b> 9:30 Tai Chi [MP] 10:00 Itchin' for Stitchin' [AR3] <b>10:00 MANDATORY SCOOTER SCHOOL</b> [MP] 11:00 Let's Try Trivia [MP] 1:00 Play Rook [AR2] <b>1:00 BON BONS &amp; BOOK SIGNING</b> [2F] <b>3:00 New Resident Orientation</b> [PDR] 5:00 Get to Know Each Other [L] 6:00 Bus to Lifelong Learning Program at MJ Library 6:00 Billiards [2F] 6:00 Cards and Games [AR2]	9:30 Exercise [MP] 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Itchin' for Stitchin' [AR3] <b>2:00 BINGO WITH AUBREY FROM BROOKDALE</b> [MP] 2:00 Cards and Games [AR2] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Movie Night—"Oklahoma!" [T]	10:00 Exercise [MP] 10:30 Creative Coloring [AR3] 1:00 Bingo [MP] 2:00 Matinee Movie—You Pick [T] 2:00 Hand and Foot or Rook [AR2] 3:00 Scrabble and Games [AR3] 5:00 Bus to "Listen to Your Mother" at Chaffin's Barn Dinner Theatre 6:00 Movie Night—"French Kiss" [T]
<b>Mother's Day</b> <i>Church Transportation</i> 9:30 Worship Service with Brother Terry Buckner [MP] <b>10:30-1:30 Special Mother's Day Brunch</b> [DR] 1:00 Scrabble, Cards, Games [AR2] 2:00 Matinee Movie—You Pick [T] 6:00 Movie—"The Blind Side" [T] 6:00 Hand and Foot or Rook [AR2]	8:00 Breakfast at Cracker Barrel 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence <b>12:15 Yoga with Leighanne</b> [MP] 1:00 Hand and Foot Card Game [AR2] <b>1:30 MAY BIRTHDAY BASH</b> [DR] <b>2:00 MUSIC BY JAMES BREEDWELL</b> [DR] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Watch "Victoria," Season Three [T]	10:00 Itchin' for Stitchin' [AR3] <b>10:00 Blood Pressure</b> [MP] <b>10:30 "Myths of Aging" Seminar by Brookdale</b> [MP] 12:00 Deadline to Sign Up for "Peter Pan" at MJMS on May 18th 1:00 Stretch [MP] 1:00 Safety Committee [AR2] <b>2:00 MUSIC BY DEBBI &amp; FRIEND</b> [DR] 3:00 Cards and Games [AR2] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Cards and Games [AR2] 7:00 American Legion [MP]	7:30-9:30 Big Breakfast [DR] 8:00 House Calls with Jeff Beard, PA 9:30 Walmart/Shop North of I-40 10:00 Publix Senior Day/Shop Providence 10:00 Stretch [MP] 10:00-4:00 DINING ROOM CLOSED FOR CHAMBER EVENT 1:00 Bible Study [T] <b>2:30 BINGO WITH TRE FROM MARISTONE</b> [MP] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F]	<b>Max Anderson's 100th Birthday</b> 9:30 Tai Chi [MP] 10:00 Itchin' for Stitchin' [AR3] 11:00 Let's Try Trivia [MP] 1:00 Play Rook [AR2] <b>1:00 MAX'S 100TH BIRTHDAY PARTY</b> [DR] 5:00 Get to Know Each Other [L] 6:00 Bus to Lifelong Learning Program at MJ Library 6:00 Billiards [2F] 6:00 Cards and Games [AR2] 6:00 DAR Meeting [T]	<b>Sandra Sims' Birthday</b> 9:30 Exercise [MP] 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Itchin' for Stitchin' [AR3] 1:00 Cards and Games [AR2] <b>1:00 Ballroom Dance Class</b> [MP] <b>2:00 GET TO KNOW ERIC WEBB, Our New Food Service Director</b> [DR] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Movie Night—"Legally Blonde" [T]	<b>Mary Charles Merritt's Birthday</b> <b>Jim Russell's Birthday</b> 10:00 Exercise [MP] 10:30 Creative Coloring [AR3] 11:00 Crossword with Dianne [T] 1:00 Bingo [MP] 2:00 Matinee Movie—You Pick [T] 2:00 Hand and Foot or Rook [AR2] 2:15 Bus to MJMS Performance of "Peter Pan" 3:00 Scrabble and Games [AR3] 6:00 Movie—"Pirates of Caribbean" [T]
<b>Cliff Misamore's Birthday</b> <i>Church Transportation</i> 9:30 Worship Service with Brother Terry Buckner [MP] 1:00 Scrabble, Cards and Games [AR2] 2:00 Matinee Movie—You Pick [T] <b>2:30 MUSIC RECITAL WITH JENNIE STILLMAN'S STUDENTS</b> [DR] 6:00 Movie Night—"Cinderella" [T] 6:00 Hand and Foot or Rook [AR2]	9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 12:00 Senior Day at the Frist Center <b>12:15 Yoga with Leighanne</b> [MP] 1:00 Hand and Foot Card Game [AR2] <b>2:00 Resident Activity Committee</b> [PDR] 4:00 Dinner Out at the Sunset Restaurant in Lebanon 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Watch "Victoria," Season Three [T]	10:00 Itchin' for Stitchin' [AR3] <b>10:30 MUSIC BY MARK EDWARDS</b> [DR] 12:00 Food Committee [DR] 1:00 Stretch [MP] 3:00 Cards and Games [AR2] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Cards and Games [AR2]	7:30-9:30 Big Breakfast [DR] 8:00 House Calls with Jeff Beard, PA 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Stretch [MP] <b>12:00 Pet Owners' Meeting</b> [AR2] 1:00 Bible Study [T] <b>1:00-3:30 ROOK TOURNAMENT</b> [MP] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F]	<b>9:30 Tai Chi</b> [MP] 10:00 Itchin' for Stitchin' [AR3] 11:00 Let's Try Trivia [MP] 12:30 Resident Advisory Council [PDR] 1:00 Play Rook [AR2] <b>1:00-3:30 ROOK TOURNAMENT</b> [MP] <b>2:00 MUSIC BY TRAVIS WETZEL</b> [DR] 5:00 Get to Know Each Other [L] 6:00 Bus to Lifelong Learning Program at MJ Library 6:00 Billiards [2F] 6:00 Cards and Games [AR2]	<b>Faye Wiley's Birthday</b> 9:30 Exercise [MP] 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Itchin' for Stitchin' [AR3] 12:00 Bus to See Flag Display on MJ Road <b>1:00 Pet Therapy</b> [2ND FLOOR] <b>1:00-3:30 ROOK TOURNAMENT</b> [MP] 2:00 Cards and Games [AR2] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Movie Night—"The Day After Tomorrow" [T]	10:00 Exercise [MP] 10:30 Creative Coloring [AR3] 1:00 Bingo [MP] 2:00 Matinee Movie—You Pick [T] 2:00 Hand and Foot or Rook [AR2] <b>2:30 TEA PARTY WITH FBC SUNDAY SCHOOL</b> [MP] 3:00 Scrabble and Games [AR3] 6:00 Movie Night—"Parental Guidance" [T]
<i>Church Transportation</i> 9:30 Worship Service with Brother Terry Buckner [MP] 1:00 Scrabble, Cards and Games [AR2] 2:00 Matinee Movie—You Pick [T] 6:00 Movie Night—"Tuck Everlasting" [T] 6:00 Hand and Foot or Rook [AR2]	<b>MEMORIAL DAY</b> 11:00-1:30 All-American Memorial Day Buffet [DR] 1:00 Hand and Foot Card Game [AR2] 2:30 Matinee Movie—You Pick [T] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Watch "Victoria," Season Three [T] THERE WILL BE NO DINNER SERVICE SO THAT STAFF MAY SPEND HOLIDAY TIME WITH THEIR FAMILY	10:00 Itchin' for Stitchin' [AR3] 11:00 "TELL Your Story" Writing Group [PDR] <b>11:30 Picnic on the Patio</b> 1:00 Stretch [MP] 3:00 Cards and Games [AR2] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Cards and Games [AR2]	7:30-9:30 Big Breakfast [DR] 8:00 House Calls with Jeff Beard, PA 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Stretch [MP] 1:00 Bible Study [T] 3:20 Take the Train to Dinner at Acme Feed and Seed 5:00 Get to Know Each Other [L] 6:00 Billiards [2F]	<b>9:00 Belvedere IL Choir Performance</b> [DR] 9:30 Tai Chi [MP] 10:00 Itchin' for Stitchin' [AR3] 11:00 Let's Try Trivia [MP] 1:00 Play Rook [AR2] <b>2:00 RESIDENT MEETING WITH KAREN</b> [DR] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Cards and Games [AR2]	9:30 Exercise [MP] 9:30 Walmart/Shop North of I-40 10:00 Run Errands/Shop Providence 10:00 Itchin' for Stitchin' [AR3] 2:00 Cards and Games [AR2] 5:00 Get to Know Each Other [L] 6:00 Billiards [2F] 6:00 Movie Night—"New York Minute" [T]	<b>LOCATION CODES</b> [2F] Second Floor [AR2] Activity Room 2nd Floor [AR3] Activity Room 3rd Floor [CR] Conference Room [DR] Dining Room [L] Lobby [MP] Multi-Purpose 3rd Floor [PDR] Private Dining Room [T] Theatre