

Look Who's Come to Visit!

Pet Corner



A new monthly features showcasing our furry residents and their owners.

Sweet Ellie Fielder and her mom, Dot, enjoying the beautiful weather. We love our four-legged residents here at Rutland Place!



Left: Max and Flossie Anderson recently welcomed Max's sister, Ruth, to Rutland Place. She was visiting from Billings, Montana and helped the Andersons celebrate their 75th wedding anniversary.



Right: Residents Nola Rambo and Joyce Holmes had a very special visit from their sister Rose Drown, all the way from New Zealand.

August Happenings!

Wilson County Fair

Mark your calendars for Monday, **August 19th**. We'll be heading to the famous **Wilson County Fair** for **Senior Day**. Tickets are only \$10.00. You can grab some "fair food," listen to music by Ron Crites and the Tennessee River Boys at the Fiddlers Grove Opry, watch the "Fairest of the Fair" contest and so much more! The bus leaves at 4:00 p.m.

Painting Class

Ever wonder if you have hidden artistic ability or do you already love to paint? Come join us on Friday, **August 30th**, at 11:00 a.m. for a fun painting class. The owner of **Sips 'n Strokes** in Nashville will be here to help you paint your own masterpiece. It doesn't matter if you've never picked up a paintbrush before—she will make it easy to do! The cost is \$30 per person and includes all supplies and instruction. You don't want to miss this!

Chaffin's Barn Theater

We'll be headed back to **Chaffin's Barn Theater** on Thursday, **August 15th** to see **Southern Fried Nuptials**, the hilarious sequel to *Southern Fried Funeral*. This time, the Mississippi clan is preparing for the wedding of daughter Harlene. The bus will leave at 10:00 a.m. and you'll enjoy a box lunch before the show. Sign up early so you don't miss out on the fun!

Sunset Restaurant Outing

As many of you know, Sunset Restaurant in Lebanon has changed its days of operation. Now it is only open Thursday thru Sunday. We will be going on Thursday, **August 8th**, and will try to go every month as usual.

Ready for Some Shopping?

Casey will be taking the bus to the **Dillard's in Green Hills** on Saturday, **August 17th**. Look for more details and the sign up sheet soon.

AUGUST 2019

Rutland Rave



Summertime Smiles!



Our residents were a big hit at the Mt. Juliet Chick-Fil-A for Cow Appreciation Day!



Everyone had a great time at our Hawaiian Luau! With live music from the Ukedelics, fabulous food and festive decor, it was a day to be long remembered. Thanks to our awesome Sous Chef Allison (and her dad) for roasting the pig for us!



EXECUTIVE DIRECTOR'S CORNER

Cool Things to Do in a Very Hot Summer!

August is here and so begin the "dog days of summer." With another month of summer to enjoy, get out your sunscreen and bask in the warm weather but be sure to stay hydrated. Our patio and flowers are still looking beautiful, so take some time to enjoy them.

We'll start off the month with a trip to the **Mt. Juliet Farmers' Market** on the 1st, then a couple of shopping trips to **Goodwill** on the 3rd and **Dillard's** in Green Hills on the 17th. The month wouldn't be complete without a trip to the famous **Wilson County Fair** for Senior Day on the 19th. Remember to wear cool clothing, a hat and bring your bottled water.

We'll also have lots of fun **indoors** with Chef Eric creating your own trail mix, a fun arts and crafts project with Brittini and a painting class at the end of the month.

The **Mt. Juliet Library** is starting the Lifelong Learning series back this month and the August focus is on World War II. You don't want to miss out on these fun and informative programs.

Be sure to check the calendar and the television monitors for the latest activities. I hope you are enjoying our new way of communicating events to you. We've gotten a lot of great feedback, especially about the phone reminders.

As usual, we'll have some talented musicians to entertain us...**John Starbuck, Bill Sleeter, the EJ Rider Band, Brian Hanson, One Voice, the GTOs Quartet, Patrick Calvert** and **Nancy Liker**. Joanna is doing such a great job making sure we have something for everyone!

We are so blessed to welcome several new residents to Rutland Place recently. Make sure to introduce yourself and make them feel a part of this wonderful place we call home!

It may be the "dog days of summer" but you'd never know that here at Rutland Place. We're always keeping busy with lots to do, no matter the season.

Thank you, as always, for all you do to make this the absolute best senior living community around!

—Karen Tucker, Executive Director

RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

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Sandi SmithHousekeeping Coordinator

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Brandon KilloranDining Room Manager

Allison KellySous Chef

Rachel BurgenerSalon

Charlie Greer, Christian Eckwright,

Tommy Hall, Casey LutherDrivers

Lisa Ferrara, Emily Amadio, Maddie Spradley,

Gretchen Karl, Mallory Eden, Pattie Crawford,

Caleb Putman, T.J. Kingery, Ally Fowler,

Chloe Camp, Eli Gullett, Garrett Ott,

Will Dykes, Casey LutherFood Service

Linda Melvin, Eden Tucker, Jeanna Warren,

Cynthia Howard, Cynthia Brown,

Kristin Salisbury, Denise MurphyFront Desk



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A Fabulous Luau and Pig Roast!



Residents and staff alike had a wonderful time at the Pig Roast and Luau. The food was delicious and we enjoyed the sounds of The Ukedelics. It was such a fun night!



JOY Singers Patriotic Performance

Our talented JOY Choir presented a wonderful patriotic program for the residents in early July.



Watermelon Party!



There's nothing like good cold watermelon to cool you off on a hot summer day!



New Dining Spot



We recently checked out the new PDK Southern Kitchen in Providence for lunch. We had great food and a fun time!



Here's proof that you are NEVER too old to learn new things! Our 100-year-old resident **Max** is learning how to crochet. Thanks to the **Itchin' for Stitchin'** group for helping him. Come on guys, don't you want to learn too?



The Music City Dixieland Band added lots of fun to our July birthday bash



RUTLAND PLACE Partner Spotlight

We are proud to spotlight Dr. Jennifer McGlothlin of Elite Audiology as one of our valued partners. "Dr. Jen" earned her bachelor's degree in 2001 and went on to attend the University of Tennessee in Knoxville for her Doctorate of Audiology (Au.D.), graduating in 2005. She has worked at Children's Hospital in Birmingham, various ENT practices throughout the state and at the Children's Special Services clinic in downtown Nashville. Without any formal business training but with lots of prayer, Dr. Jen opened the doors to Elite Audiology in February 2011. Having her own practice allows her to treat each patient with compassion, listen to every concern and take the time needed to provide customized solutions for each individual's needs.



Elite Audiology and Hearing Care provides premium hearing health care in a comfortable environment. They offer comprehensive audiological testing, state-of-the-art hearing instruments, custom hearing protection, and hearing aid repair for most makes and models. They fit hearing instruments based on individual hearing loss, lifestyle and budget. "I want to change the image of the hearing care industry," Dr. Jennifer said, "through top-notch care and by providing the best technology available."

Elite Audilgy and Hearing Care provides audiology services, hearing loss treatment, hearing aids, hearing tests and hearing aid repair right here at Rutland Place. Check the calendar for dates and times.

• Certified Audiologists
The certified, licensed Audiologists at Elite Audiology & Hearing Care, are ready to give your hearing the attention it deserves.

• Hearing Aids
Elite carries a full line of most of the major hearing aids and accessories manufacturers. They will recommend the best hearing aid for your lifestyle needs and your budget.

• Hearing Services
Elite provides a full range of hearing services for all your hearing needs, including custom earmolds and hearing protection.

• Tinnitus
Elite can help you find relief from Tinnitus through our tested tinnitus management services.

• Hearing Aid Repairs
Elite performs hearing aid repairs. Minor hearing aid repairs on-site, usually within 48 hours.

Call (615) 758-7118 to arrange an appointment

We Salute Those Celebrating Birthdays in August

RESIDENTS		STAFF
Irene Corrow2nd	Connie Eskesen12th	Charlie Greer9th
Ken Fisher.....2nd	Eleanor Druyor.....14th	Sa'Mia Hall12th
"Chief" Coulter6th	Rebecca Frith16th	Brittni Austin25th
Pat Vailes.....7th	Betty Dudley.....29th	Denise Murphy25th

Don't miss the **August Birthday Bash**
Tuesday, August 13th • 1:30 p.m. • Dining Room