

Holiday Happenings!

Enhanced Care Services Available

We are pleased to announce that we have received our license to offer Care Services under the name of Rutland Place. Sa'mia will still provide the care services, with **extended hours** from 8:00 a.m. to 8:00 p.m. and we will hire another care concierge. Watch for the flier explaining more.

Pancake Breakfast, Parade & More

Saturday, **December 14th**, is going to be a fun-filled day! We'll start with our annual **Pancake Breakfast** for all residents and staff at 8:30 that morning, during which we will hand out checks to our hard-working hourly employees. Then we'll load up the bus for the **Mt. Juliet Christmas Parade**. Once we are back from the parade, we'll have a festive **Christmas Carol Sing Along** with our wonderful **JOY Choir**. Mark your calendar and take part in this fabulous day filled with holiday festivities!

A Day at the Frist Art Museum

Mark your calendars for Monday, **December 16th**. We'll head to downtown Nashville to the beautiful Frist Art Museum for the **Music for Seniors** free Concert event. The program features the adorable children of Nashville Episcopal School's Purple Martin Choir, followed by a sing along of favorite Christmas songs and carols. This fun-filled hour of music will put a smile on your face and infuse you with the spirit of the holidays.

Then we will stay to enjoy the museum and have some lunch at the café. Cost of admission to the museum is only \$5 and you will also receive discounts in the café and gift shop.

Parade of Homes and Open House

Rutland Place's 11th annual Parade of Homes and Christmas Open House will be held on Tuesday, **December 17th**. The Open House will run from 5:30 to 7:30 p.m. and will be a fun evening filled featuring hot cocoa, cookies, music by **Pam Weston** and a **visit from Santa!** Be sure to invite your families to attend this wonderful evening.

The deadline to sign up to participate in the Parade of Homes is Friday, December 13th.

Dancing Lights of Christmas

Back by popular demand, we will visit the **Dancing Lights of Christmas** again this year. Come with us to see Tennessee's largest drive-thru light and music show with a 2.5 mile route and over two million lights dancing to the music on the radio. We'll plan at least one outing to see the magical Christmas lights in Lebanon. Dates and details coming soon!



Many thanks to the ladies of the **DAR** for a special program they held for us on Veterans Day. And a huge heartfelt thank you to all of our veterans for your service! You make us all proud!



OUT & ABOUT!
We had fun (and ate too much) on a recent outing to Cici's pizza, followed by a little holiday shopping.



We enjoyed our trip to the Tennessee State Museum recently to hear another wonderful Music for Seniors concert, "Nashville in Harmony."



Among our travels in recent months was a trip to the Bavarian Bierhaus in Nashville. The restaurant features an Oktoberfest theme, all year long! We raised our steins to a good time!



RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road
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www.RutlandPlaceSeniorLiving.com

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'Tis the Season of Celebration at Rutland Place!

It's the most wonderful time of the year—especially if you live at Rutland Place! This is a special time of year when we join with our loved ones in sharing traditions and celebrating the birth of Christ. December is when we deck the halls, sing yuletide carols and rejoice in the birth of our newborn King. Come enjoy the splendid wonders of the Christmas season!

As always, we have lots of wonderful music and events planned throughout the month to really put you into the holiday spirit! Come help Joanna as she "decks the halls" and spreads Christmas cheer. We'll kick off the season with a special **holiday buffet** and then a **St. Nick Pizza Party**. Make merriment with the staff of Rutland Place during a very special **Resident & Staff Christmas Pancake Breakfast!** That's when we give out the **Employee Appreciation Fund** checks and you'll see the smiles on our employees' faces as they get their Christmas bonuses! Thank you for contributing!

All residents are encouraged to participate in our annual **"Parade of Homes" and Christmas Open House** on Tuesday, **December 17th**. If you'd like to open your apartment and share your holiday decorations and traditions on the tour, please let us know by Friday, December 13th. And please **decorate your doorways** for Christmas. We will have judges from our partner companies to vote on the best door and we'll announce the winner at the Open House. (Watch for details.)

Embrace your inner child by participating in the wonder and excitement of the season. We'll go watch the **Mt. Juliet Christmas Parade**, a free **Music for Seniors Concert and Senior Day** at the Frist Center of the Arts, **Music City Christmas** with Kellie Pickler at the Schermerhorn Symphony Center, **Bert Coble Singers** at Cumberland University, and the **Dancing Lights of Christmas** in Lebanon!

We'll enjoy the sounds of the season with many musical performances including the **Men of Harmony**, the **Callisto Renaissance Band**, **John Starbuck**, **Danny James**, **Providence Players**, **Providence Singers**, a Carol Sing Along with **New Hope Baptist Church**, **Brian Hanson**, **Silver Notes**, the **GTO Band**, **Eddie Crook**, **Pam Weston**, the **Baby Boomers**, **Bill Sleeter**, the **EJ Rider Band**, the **Jesus Provision** and a Christmas Carol Sing Along with our very own **JOY Singers!**

The gift of Christmas is a precious reminder that we are greatly loved. We, the staff of Rutland Place and Turner Senior Solutions, wish you the gift of faith, the blessing of hope and the peace of His love this Christmas and always. We are so grateful that we have been brought together with you, our residents, as family and friends. May the magic of the Christmas season fill your heart with warmth and joy now and throughout the coming year.

—Karen Tucker, Executive Director



One of the many things we are thankful for here at Rutland Place is our wonderful **JOY Choir!** We appreciate all the hours of practice they put in week after week. Their Thanksgiving performance was beautiful. Come Sing Along with them on the 14th.



Congratulations to **Sandi Smith**, our **2019 Chili Champion!** **Lester Hall** was finally defeated but he took it well!



EMPLOYEE APPRECIATION FUND

The **Rutland Place Resident Council** offers this gentle reminder that they are collecting contributions for the **Staff Appreciation Fund**. This is a wonderful way for you to show your gratitude for the great job our staff does throughout the year! These funds will be presented to Service Staff at the December **Resident and Staff Holiday Party**. The Staff Appreciation Fund does not include the leadership team, but is collected to benefit the Service Staff only. Let's show them our appreciation by giving generously! **The last day to make a donation to the Staff Appreciation Fund is Monday, December 9th.**

Distribution of funds to our service staff members will take place at the **Resident and Staff Christmas Party**, a pancake breakfast, on Saturday, **December 14th.**

Thank you in advance for your support!

HALLOWEEN MEMORIES



*It was an afternoon full of spooky treats, dancing to the sounds of the Music City Dixieland band and fun for all! Congratulations to our costume contest winner, **Claudia Atchley!** You were the cutest monkey ever!*



A DAY AT THE PARK



It was a chilly but fun day for a picnic at beautiful Long Hunter State Park. We enjoyed a delicious lunch, walked around the lake and had fun seeing all the wildlife in the park.



TOUR OF LEBANON



We recently spent the day touring historical sites in Lebanon, including the City Museum in the Castle Heights building, the Town Square, several homes and the First Presbyterian Church. The pastor shared the history of the building and its famous stained glass windows and we even had a private organ concert by their amazing organist J.D. Plant. We topped it all off with a delicious lunch at the Wildberry Café.



VETS HONORED



*Just two of the wonderful veterans who call Rutland Place home. **Max Anderson** and **Thomas "Chief" Coulter** both served in the Navy during WWII.*



*The Veterans Day program by the **Daughters of the American Revolution** was inspiring and amazing!*

Pet Corner



Two of our favorite furry residents, **Spanky** and **Ellie**, having a little visit in the Lobby.

December Celebrations!

RESIDENT BIRTHDAYS

Lorraine Hould	1st	Jean Barnes	13th
Pete DeVogel	3rd	Gwynne Christopher	20th
Mike Villa	3rd	George Bowman	21st
Nola Rambo	4th	Rose Glass	21st
Henrietta Schofield	6th	Ruth Metschuleit	25th
Jerry Owens	8th	Jean Wilson	27th

STAFF BIRTHDAYS

Minna Polhemus	3rd	Garrett Ott	18th
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Birthday Bash

Tuesday, December 10th at 1:30 p.m.

Management and Staff

RUTLAND PLACE

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Karen TuckerExecutive Director
Pam BartonMarketing Director
Joanna ArnhartLife Enrichment Director
Brittni AustinAdministrative Services Director
Sandi SmithBuilding and Grounds Director
Eric WebbFood Service Director
Minna Polhemus ..Customer Service Coordinator
Kendra AllenHousekeeping Coordinator
Christian EckwrightMaintenance Assistant
Sylvia O'Choa, Jeanna WarrenHousekeeping
Brandon KilloranDining Room Manager
Allison KellySous Chef

Rachel BurgenerSalon
Charlie Greer, Christian Eckwright,
Tommy Hall, Casey LutherDrivers
Lisa Ferrara, Emily Amadio, Maddie Spradley,
Gretchen Karl, Mallory Eden, Pattie Crawford,
Caleb Putman, T.J. Kingery, David Putnam,
Chloe Camp, Eli Gullett, Catherine Powell, Will
Dykes, Casey Luther, Anslee Powell,
Garrett Ott, Shelby HudsonFood Service
Linda Melvin, Eden Tucker, Jeanna Warren,
Cynthia Howard, Cynthia Brown,
Kristin Salsbury, Renee GarrFront Desk