



We visited Las Palmas for dinner during January. Join us for dinner at Demo's on Friday, February 11th.

## UPCOMING EVENTS

- **BOOSTER SHOTS** — Every Tuesday morning at 9:00, we have a bus taking residents to receive booster shots. Don't forget to sign up!
- **BLOOD PRESSURE CLINIC** — Tuesday, February 1st
- **CELEBRATION OF LIFE** — Wednesday, February 2nd  
A time to honor those we lost over the past year
- **BINGO AT SENIOR CENTER** — Friday, February 4th
- **BREAKFAST at CRACKER BARREL** — Monday, February 7th
- **RUTLAND PLACE BOOK CLUB** — Wednesday, February 9th
- **DINNER AT DEMO'S** — Friday, February 11th
- **SUPER BOWL SUNDAY** — Sunday, February 13th
- **VALENTINES DAY CELEBRATION** — Monday, February 14th
- **WHATABURGER FOR LUNCH** — Friday, February 18th
- **MAKING DOG BISCUITS** — Monday, February 21st
- **FEBRUARY BIRTHDAY BASH** — Wednesday, February 23rd
- **TOWN HALL MEETING** — Thursday, February 24th
- **TRIP TO WILDBERRY CAFE and SHOPPING AT THE HELP CENTER** — Friday, February 25th

Check the calendar for times and sign up in advance for all outings.

We began our Book Club in January with the book "Gift from the Sea" by Anne Morrow Lindbergh. If you missed our first meeting, we would love to have you join us this month on Wednesday, the 9th. Come to the meeting to find out what we'll be reading as our second text!



## Bring Those You Love, Closer To You

Valentine's Day reminds us of the joy in having family and friends close at hand. It has long been said that a kind word from a good friend is our best advertising. We have a special referral reward for you if they decide to become a part of our Rutland Place family

## \$1500 Rent Credit

So if you have a friend looking for a place to call home, tell them about Rutland Place. They'll have a nice home and you'll have your heart filled with love for your new neighbor!

This is a limited time promotion and with any program this generous, there are a few simple details required to secure your \$1500 bonus.

- You must turn in your friend's name to Pam Barton before any other referral agency, otherwise it cannot be accepted. Referrals who are already in our system are not eligible. Pam will follow your instructions on whether or not to contact your friend. The main objective is to get your friend's name in the marketing system so you can get the referral credit.

- The referral must move in and be a resident at Rutland Place for 30 days.

- After 30 days you will receive a \$1500 referral credit on your rent statement.

As you can see, the process is simple and the rewards great. Reach out to **Pam Barton** with any questions...or better yet, REFERRALS!

## RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road  
Mt. Juliet, TN 37122

(615) 773-6111

www.RutlandPlaceSeniorLiving.com



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FEBRUARY 2022



## EXECUTIVE DIRECTOR'S CORNER

## Lots to Love in February at Rutland Place!



Happy February! February is the month of LOVE and you are going to LOVE all that our Life Enrichment Director, **Dave Putman**, has planned for you this month! I just LOVE what's happening at Rutland Place right now!

Gather in the Movie Theatre to cheer on your favorite team on **Super Bowl Sunday**, February 13th! Watch the game with friends and experience a new level of excitement! Be sure to check your calendar for more fun special events!

And as always, Dave has great entertainment planned.

Here are some Fun Facts about February. Did you know...?

- **February 1st** marks the Lunar New Year, also known as Chinese New Year. This is the Year of the Tiger!
- **February 2nd** is Groundhog Day, the day we find out whether winter will last six more weeks or call it quits early.
- **February 12th** is Abraham Lincoln's Birthday. The 16th president of the United States was born in a one-room, 16-by-18-foot, log cabin with a dirt floor.
- **February 14th** is always Valentine's Day, so spread the love to your family, friends and neighbors!
- **February 21** brings Presidents' Day. This is a federal holiday also known as Washington's Birthday that is celebrated on the third Monday in February. (George Washington's actual birthday is February 22nd.)

- **February, March, and November** always start on the same day of the week unless it is a leap year.

- **The Beatles** made their first American television appearance on the "Ed Sullivan Show" in February 1964. Over 73 million Americans watched!

- **February is Black History Month**, celebrated for over 40 years. The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in paying tribute to the generations of African Americans who struggled with adversity to achieve full citizenship in American society.

- **February is the United States' snowiest month**, on average, according to data from the National Weather Service.

- **The Full Snow Moon**, February's full moon, reaches peak illumination at 11:59 a.m. on Wednesday, February 16th. Look skyward on that night to catch the best view of this full Moon!

Thank you all for making this New Year a great one! I LOVE being a part of Rutland Place, and I LOVE all our residents and staff! Happy February!

—Karen Tucker, Executive Director

## Rutland Rang in the New Year in Grand Style!



## A Note from Dave...A Fabulous February Awaits Us!

February, the month of love. Its mostly recognized for Valentine's Day and being our third month of winter but February has a lot of interesting facts that make it more than just an ordinary month.

February, as we all know, is the month that fluctuates between 28 and 29 days and the 29th only occurs every four years during the "leap years." The odds of being born on a leap year are 1 in 1461. Those born on the 29th are called "leapers." Our next leap year will be in 2024. Interestingly, throughout history, the length of February has kept changing and at one point it had as little as 23 days. In the Northern hemisphere, where we live, February is the final month of winter, while in the Southern Hemisphere it is the last month of summer! February is the equivalent of August.

The name February comes from the Latin word "februum," which means "purification." The Romans used to have a purification ritual which was like an early Spring Cleaning festival. February was the last month added to the Roman Numeral Calendar.

February is also Black History Month, which began as Negro History Week. The observance coincides with the

birthday of Abraham Lincoln (February 12th), who issued the Emancipation Proclamation and that of Fredrick Douglass (February 14th), an African American Abolitionist who was an author and orator. Black communities across the nation celebrated this week together since the late 19th century. As early as the 1940's some black communities had already transformed February into Black history month. By the 1960s, with the American Civil Rights movement, Negro History Week had become Black history month in many places other than black communities. In 1976, President Gerald Ford officially recognized February as Black History Month and all subsequent presidents have done the same.

One more interesting fact about February is the difficulty in spelling the month. It is one of the most misspelled words in the entire English language.

I cannot wait for spring but I do not wish any of these February days away. It is the month of love and I hope we all give and receive plenty love this month. I look forward to another great month with you guys!

—Dave Putman, Life Enrichment Director

## Ballroom Dance Classes

We are excited to bring back ballroom dance classes! We are looking for more partners, men and women! Mike Villa (left) is making great strides learning how to dance! We thank Vickie for taking time to teach those with two left feet!



## A Lively Happy Noon Year Party!



**RUTLAND PLACE**

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RutlandPlaceSeniorLiving.com

**Karen Tucker** .....Executive Director  
**Pam Barton** .....Marketing Director  
**David Putman** .....Life Enrichment Director  
**Brittni Austin** .....Administrative Services Director  
**Eric Webb** .....Food Service Director  
**Minna Polhemus** .....Customer Service Coordinator  
**Tara Armstrong** .....Maintenance Manager  
**Brandon Killoran** .....Dining Room Manager  
**Stefan Reed, Karita Whitfield** .....Housekeeping  
**Cathy Salsbury** .....Director of Home Services  
**Brian Backman** .....Marketing

**Tommy Hall** .....Driver  
**Keely Sellars, Jonnie Meador, Reelyn Bassett, Walter Kwabena, Pattie Crawford, Sam Khoury, Catherine Powell, Angel Spitaliere, Anslee Powell, Scott Strand, Melissa Tucker, Isabella Southerland, Bethany Little, Zach Crumpton, Nataly Ibhrim** .....Food Service  
**Jeanna Warren, Cynthia Howard, Lisa Swafford, Shay Posey, Ashley Weatherford, Reece Lopez** .....Front Desk  
**Maria De La Garza, Sylvia O'Choa, Missy Kelly, Rachel Bassett, Ruth Brooks** .....Home Services  
**Rachel Burgener** .....Salon

## February Birthdays!

### RESIDENTS

Doug McVey .....6th  
 Claudia Atchley .....10th  
 Anne Whitefield .....27th

### STAFF

Reece Lopez .....3rd

We hope you enjoy a delightful day!

**Birthday Bash**  
 Wednesday, February 23rd

