

It has long been said that a kind word from a good friend is our best advertising. This month, we invite you to take advantage of our special referral reward available if you tell a friend or relative about the Rutland Place lifestyle and they decide to become a part of our resident family!

Find Your Pot o' Gold... Refer Your Friends!



\$1500 Rent Credit

If you have a friend looking for a new place to call home, tell them about Rutland Place. They'll have a wonderful home and you'll get your pot of gold and a great new neighbor!

This is a limited time promotion and with any program this generous, there are a few simple details required to secure your \$1500 bonus.

- You must turn in your friend's name to Pam Barton before any other referral agency, otherwise it cannot be accepted. Referrals who are already in our system are not eligible. Pam will follow your instructions on whether or not to contact your friend. The main objective is to get your friend's name in the marketing system so you can get the referral credit.

- The referral must move in and be a resident at Rutland Place for 30 days.

- After 30 days you will receive a \$1500 referral credit on your rent statement.

As you can see, the process is simple and the rewards great. Reach out to **Pam Barton** with any questions...or better yet, REFERRALS!



AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road
Mt. Juliet, TN 37122

(615) 773-6111

www.RutlandPlaceSeniorLiving.com



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March Highlights

Dinner at McNamara's Irish Pub

With the coming of St. Patrick's Day, it's the perfect time to enjoy some good traditional Irish food and music! We'll head to **McNamara's Restaurant** on Thursday, **March 10th**, to do just that. Our bus departs at 4:30 p.m. Live music begins at 6:00 p.m. Be sure to sign up early!

UPCOMING EVENTS

- **BLOOD PRESSURE CLINIC** — Tuesday, March 1st
- **DR. CAMPBELL, PODIATRIST** — Friday, March 4th
- **BINGO AT MT. JULIET SENIOR CENTER** — Friday, March 4th
- **JEWELRY MAKING CLASS** — Friday, March 4th
- **BUS TO CRACKER BARREL** — Tuesday, March 8th
- **SCOOTER SCHOOL** — Friday, March 11th
- **SHOPPING AT KOHL'S** — Friday, March 11th
- **BUS TO DEMO'S** — Friday, March 18th
- **HORSE RACING WITH KRIS** — Tuesday, March 22nd
- **MARCH BIRTHDAY BASH** — Wednesday, March 23rd
- **TRIP TO FARMER'S FAMILY RESTAURANT** — Friday, March 25th

Check the calendar for times and sign up in advance for all outings.



We visited Opry Mills mall to eat at Macaroni Grill and shop for a few hours!



Steffon and Tara were able to join us to "WHATABURGER" for lunch. Thanks for taking time out of your busy schedule to join us in an adventure!



EXECUTIVE DIRECTOR'S CORNER

March Into Spring Festivities!

Rutland Place is ready to welcome March and the coming of spring! It's been a long, crazy winter, so let's ring in the season of renewal! Get ready for beautiful springtime flowers and weather! Spring is a time of new beginnings and lots of new things are going on right here at home.

Rutland Place welcomes the month of March with tons of beads, boas, masks and music! That's right, we'll celebrate "Fat Tuesday" in style with our own **Mardi Gras Party**, complete with delicious culinary delights, a Dixieland Band, lots of beads and plenty of fun! Feel free to wear a lavish costume and Dave will hand out Mardi Gras masks to get you into the spirit!

Our annual **St. Patrick's Day Party** is sure to have you dancing a jig with its authentic Irish fare and entertainment.

In addition to the fabulous parties Dave has planned this month, you will also want to take part in the activities, excursions, special entertainment and dinners out.

Don't forget to set your clocks ahead one hour as we "Spring Forward" with **Daylight Saving Time** on Sunday, March 13th.

So, let's get rid of that heavy winter coat and welcome the festivities and fun of spring. May the "Luck of the Irish" be with you always!

—Karen Tucker, Executive Director

Enjoy Some Irish Fun!

Dinner and Music at McNamara's Irish Pub

Thursday, March 10th
Departs 4:30 p.m.

St. Patrick's Day Party Featuring Entertainment and Irish Delights

Thursday, March 17th
12:30 p.m.



We Enjoyed a Sweet Valentine's Day at Rutland Place!



A Note from Dave...Ready for Some March Madness?

It's crazy to think we are already in our third month of 2022. March is also the first month of spring. If you feel anything like me, then you are excited to welcome the new season! I'm really looking forward to warmer weather, longer days and much prettier colors!

The meaning of March comes from ancient Rome. It was the month of Mars, the Roman god of war. In the Roman calendar it was the first month, because war would start again after the winter. In the northern half of the world, March is the beginning of spring. In the southern half, of course, it marks the beginning of fall.

Longing for longer days? No worries! Daylight Saving Time begins this month, which means we will set our clocks forward to "summer time." Mark your calendars for Sunday,

March 14th. Or, you can do as I do, and set your clocks ahead one hour before going to bed on Saturday night.

Along with longer days, March brings madness! Basketball madness, specifically. March Madness is the name for the College Basketball National Championship. Sixty-eight college hoops teams will play in a tournament for title of National Champions. "March Madness" is even popular among non-sporting fans and creates nationwide celebrations. This year, the tournament begins Sunday, March 13th, with the finale scheduled for Monday, April 4th.

I'm looking forward to what March brings and I hope you are, too.

—Dave Putman, Life Enrichment Director

A Fond Farewell to a Great Friend!

February brought our final **Cooking with Allison** event, occasions that will be terribly missed here at Rutland Place. On our finale trip, Allison took us to England!

We are sad to say goodbye to Sous Chef **Allison Kelly** but excited for a new chapter in her journey! We wish her the best!



Rutland Place Residents Celebrated 2/22/22



Tim rocking two ties!



Terry and Leta looking quite stylish!



Erma sporting a tie!



Our "Busy Hands" group made their very own ties and were quintuplets!



Dianne and Eileen were twinning



Birthday Celebrations!

Beverly Bernhardt... 1st	Judy Forte 16th
Peggy Nichol 4th	Inez English 20th
Frances Partee 4th	Dianne Cozart 23rd
Shirley Wallace..... 4th	Carol Haley 24th
Proc Garner 9th	Lillie Mae Helton .. 26th
Libby Pierce 12th	Joann Dowd 30th
Doris Oliver 14th	

STAFF BIRTHDAY

Scott Strand 14th

Birthday Bash

Wednesday, the 23rd
at 1:00 p.m.

RUTLAND PLACE

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RutlandPlaceSeniorLiving.com

Karen Tucker Executive Director
Pam Barton Marketing Director
David Putman Life Enrichment Director
Brittni Austin Administrative Services Director
Eric Webb Food Service Director
Minna Polhemus Customer Service Coordinator
Tara Armstrong Building & Grounds Manager
Brandon Killoran Dining Room Manager
Stefan Reed, Karita Whitfield Housekeeping
Cathy Salisbury Director of Home Services
Mike Duerrieri Building & Grounds Assistant

Tommy Hall Driver
Keely Sellars, Jonnie Meador, Raelyn Bassett, Walter Kwabena, Pattie Crawford, Sam Khoury, Catherine Powell, Angel Spitaliere, Anslee Powell, Scott Strand, Melissa Tucker, Isabella Southerland, Bethany Little, Zach Crumpton, Nataly Ibhriem Food Service
Jeanna Warren, Cynthia Howard, Lisa Swafford, Shay Posey, Ashley Weatherford, Reece Lopez Front Desk
Maria De La Garza, Sylvia O'Choa, Missy Kelly, Rachel Bassett, Ruth Brooks Home Services
Rachel Burgener Salon