

EMPLOYEE APPRECIATION FUND

The Rutland Place Resident **Council** offers this gentle reminder that they are collecting contributions for the Staff Appreciation Fund. This is a wonderful way for you to show your gratitude for the great job our staff does throughout the year! These funds will be presented to Service Staff at the Resident and Staff Christmas Pancake Breakfast. The Staff Appreciation Fund does not include the leadership team, but is collected to benefit the Service Staff only. Please show them your appreciation by giving generously! The last day to make a donation to the Staff Appreciation Fund is Monday, December 5th.

Distribution of funds to our service staff members will take place at the Resident and Staff Christmas Pancake Breakfast on Saturday, December 10th.

Thank you in advance for your support!



AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road Mt. Juliet, TN 37122

RutlandPlaceSeniorLiving.com

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Christmas at the Tennessee Residence

Governor Bill Lee and First Lady Maria Lee invite guests to celebrate the holidays at the Governor's mansion. The theme for the Christmas décor at the Tennessee Residence this year, "The Gift of Giving," will portray the various ways Tennesseans use their time and talents to give to others throughout the holiday season with a focus on the ultimate gift that is received, the birth of



Christ. Our tour will take place on Thursday, the 8th, and is sure to bring all the delight and merriment of the holiday season.

Belated Halloween Fun!

One of the great conundrums for this publication is what to do with Halloween pictures. Since the holiday occurs on the last day of the month, the pictures can't be included in the November issue due to deadlines. Yet, it often seems so distant by the time the December issue arrives. With the effort shown by so many in designing their costumes, we felt it important to share these delightful pictures, delayed though they may be!







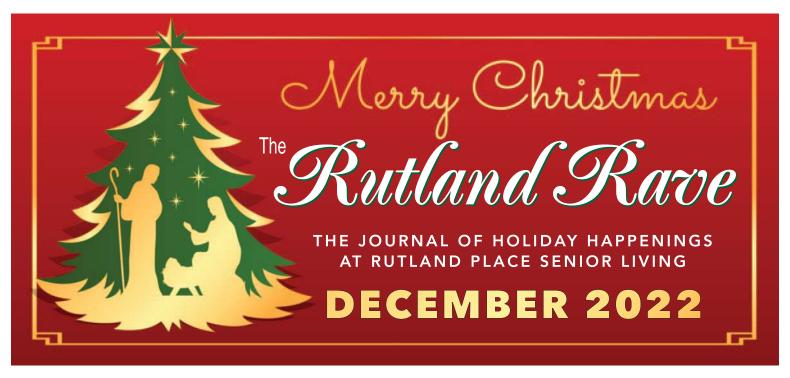












EXECUTIVE DIRECTOR'S CORNER

Join Us in Celebrating the Brightest Time of the Year Here at Rutland Place

It's the most wonderful time of the year! We are so blessed and thankful for our incredible family at Rutland Place! Not many places have that special feeling as we do here. It seems like it's always Christmas at Rutland Place!

December is when we deck the halls, sing yuletide carols and rejoice in the birth of our newborn King. Come enjoy the wonders of the Christmas season at Rutland Place! You'll definitely get into the holiday spirit when you see what all that Life Enrichment Director Dave Putman has planned for the month!

Join us as we ready our home and hearts for this festive time of year. We'll kick off the season with a St. Nick Pizza Party, then our annual Christmas Open House.

Don't forget our yearly Staff and Resident Christmas Pancake Breakfast where we'll distribute your generous monetary gifts from the **Employee Appreciation Fund**. Thank

you so much for making this a merrier Christmas

CHILI COOKOFF!

inside to find out the winner!

for our hourly employees! The deadline to contribute to the Employee Appreciation Fund is Monday, December 5.

Invite your family and friends to come enjoy our Christmas Open House on Thursday, December 15th from 6:00-8:00 p.m. We'll have holiday goodies, awesome entertainment and great door prizes! And speaking of doors, all residents are encouraged to decorate their doorways for Christmas. We will have judges vote on the best door and first

place will get a \$50 gift card!

As always, Dave has done an AWESOME job of planning wonderful events to get us and keep us in the holiday spirit throughout the month. Be sure to take advantage of the many opportunities to enjoy the merriment of the season! Have a wonderful holiday as we celebrate the birth of Christ and all the joys of the Christmas season. Merry Christmas, everyone! —Karen Tucker, Executive Director



HALLOWEEN

Halloween is always a festive time at Rutland Place. See the delightful costumes and relive the fun of the occasion on





A NOTE FROM DAVE The Holidays are Here

'Tis the season! We are rounding the corner of one wonderful year in anticipation of another soon to come here at Rutland Place! We move to December, the last month of the year and the first month of winter. The leaves have officially fallen and we prepare for the cold weather!

After giving thanks for all the things for which we are grateful during November, we are still in a time of year full of fellowship, happiness and kindness.

It's beginning to feel a lot like Christmas! This month we fill ourselves with love, joy and Christmas carols. Along with decking the halls, we will be making gingerbread men and decorating our own Christmas stockings. We also have a day planned to wrap any unwrapped gifts you have left a few days before Christmas. We plan on visiting the Governor's Mansion to see Christmas decorations and have arranged a trip to the county fairgrounds as well to see the Christmas lights. We wrap the month up—and the year—with a Noon Year's Eve Party on Saturday, the 31st!

Let this month be filled with love, joy, family and friends. Happy Holidays!

—**Dave Putman,**Life Enrichment Director



Chief Chili Cook!

She knows a thing or three about cooking, so it was no surprise that **Patti Crawford** was voted our Rutland Place Chili Champ for 2022. Congratulations!



Veterans Honored

Thanks to Daughters of the American Revolution for putting on a good Veterans Day program! Thank you to the veterans of Rutland place for your service to the U.S.A.









Resident Referral Program

The holidays are just around to corner and there's no better time to invite your friends to join you at Rutland Place. Encourage them to consider your community as a new home. Plus, they'll be here for all the exciting holiday events throughout Christmas and New Year. Tell them about us and you could earn a

\$1500 Rent Credit

So if you have a friend looking for a place to call home, tell them about Rutland Place. They'll have a nice home *and you'll have your stocking stuffed in time for the holidays!!*

This is a limited time promotion and with any program this generous, there are a few simple details required to secure your \$1500 bonus.

- You must turn in your friend's name to **Pam Barton** before any other referral agency, otherwise it cannot be accepted. Referrals who are already in our system are not eligible. Pam will follow your instructions on whether or not to contact your friend. The main objective is to get your friend's name in the marketing system so you can get the referral credit.
- The referral must move in and be a resident at Rutland Place for 30 days.
- After 30 days you will receive a \$1500 referral credit on your rent statement.

As you can see, the process is simple and the rewards great. Reach out to **Pam Barton** with any questions...or better yet, REFERRALS!

RUTLAND ©PLACE

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Keely Sellars, Jonnie Meador, Raelyn Bassett, Pattie Crawford, Catherine Powell, Lisa Swafford, Anslee Powell, Hunter Larose, Scott Strand, Isabella Southerland, Emily Dywer, Macie Rodgers, Tina Rogers, Wyatt Smith, Terrance Graves, Austin Baker, Callie Cash, Godfrey Afoutou, Haven Velasquez, Judah Buchanan, Debi Lelievre, Callie CashFood Service Jeanna Warren, Ashley Weatherford, Reece Lopez, Carrie Capps,

Jeanna Warren, Ashley Weatherford, Reece Lopez, Carrie Capps, Michelle Dillon, Debbie Sharkey, Priya Baldassano,

Glann Harla Quay Phelos

Glenn Harla, Quay Phelps.....Front Desk

Maria De La Garza, Sylvia O'Choa, Rachel Bassett,
Holly SargentHome Services

Rachel Burgener.....Salo

Holiday Happenings!
St. Nick's Pizza
Party
St. Nick's Pizza Party was introduced

to Rutland Place by Marketing Director Pam Barton some years ago, no doubt a product of her Wisconsin heritage.

What a tasty way to get the holidays started on Monday, **December 5th**.

Wrapping Gifts with Dave

Lifestyle Enrichment Director **Dave Putman** will be offering "last minute" gift wrapping assistance on Wednesday, **December 14th**. If you need help, don't hesitate to utilize his talents!

Noon Years Eve Celebration

Rutland Place will welcome 2023 in grand style at our Noon Year's Eve gathering beginning at 11:45 a.m. in the Dining Room. Come enjoy a special menu, fabulous beverages and lively entertainment combined to make this a one-of-a-kind celebration you'll be talking about all year long!

- Annual Toy Drive Saturday, December 3rd
- Bus to see Eddie K. in concert Tuesday, December 6th
- Gift Wrapping...all hands on deck to help each other wrap Christmas gifts — Thurday, December 8th
- Decorate your own Stocking Friday, December 9th
- Bus to Dancing Christmas Lights Friday, December 9th
- Music by Nashville Flute Choir Sunday, December 11th
- Joy Singers Christmas Program Monday, December 12th
- Rutland Place Open House Thursday, December 15th
- Ginger Bread Decorating Saturday, December 17th
- Mount Juliet Christian Academy Jazz Band Performance
 Monday, December 19th
- Jewelry/Ornament making Wednesday, December 21st
- Music by Men of Harmony Thursday, December 22nd

Minna Polhemus......3rd

Mike Guerrieri.....7th

• Joy Singers' Christmas Sing Along — Friday, December 23rd

Learning About Legacy



Here's a little bit about one of our partners, **Legacy Healthcare Services.** They are located on-site here at Rutland Place in **Apartment 303**.

The team at Legacy can provide skilled Occupational Therapy, Physical Therapy and Speech Therapy services to you right here in our clinic located within Rutland Place or out and about in the community.

Whether it's difficulty with memory, help and safety with things around the home, walking, balance and pain management or just general strengthening, Legacy has your back! They are your friends who are able to help you be your best self...so you can do the things you enjoy the most and live the life you want!



Dominique Cordova is a physical therapist assistant from sunny South Florida who loves to put the FUN in functional, all the while helping patients reach their maximum potential.

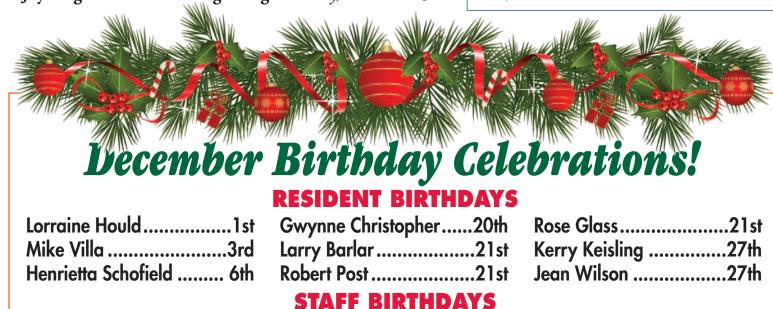
Jacob Golembeski is your Occupational Therapist and Rehab Director here at Rutland. He stressed that, "It is my main priority to make sure your needs are taken care of



so that you can do the things that are most meaningful to you!" He, his wife Ashlyn, Gumbeaux their pug, and their little girl-on-theway can't wait to grow and make memories with everyone here at Rutland.

Keely Sellars......28th

Jonnie Meador29th



Isabella Southerland 17th

Rachel Bassett.....27th