## **UPCOMING EVENTS**

HELP DAVE UN-DECK THE HALLS —

Monday, January 2nd to Friday, the 6th

MUSIC BY BILL SLEETER — Wednesday, January 4th

**BINGO AT THE SENIOR CENTER** — Friday, January 6th

**BUS TO CICI'S** — Friday, January 6th

**BREAKFAST AT IHOP** — Tuesday, January 10th

PRAYER CIRCLE W/ FIRST BAPTIST —

Thursday, January 12th

**BALANCE CLINIC with LEGACY** — Thursday, January 12th

**SHOPPING @ KOHLS** — Friday, January 13th

MUSIC BY BRIAN HANSEN — Sunday, January 15th

BUS TO CRACKER BARREL — Tuesday, January 17th

**BOOK CLUB MEETING** — Wednesday, January 18th

**JEWELRY MAKING** — Thursday, January 19th

BUS TO DEMOS' — Friday, January 20th

**JANUARY BIRTHDAY BASH** — Tuesday, January 24th

**HEALTH TALK WITH LEGACY** — Friday, January 27th

**BUS TO OLIVE GARDEN** — Friday, January 27th

**CELEBRATION OF LIFE** — Monday, January 6th

## **Holiday Happenings**





We got into the Christmas spirit decorating our own stockings!

Hourly Staff at the Resident and Staff breakfast. Thank you to all staff and residents who attended. It is awesome to have everyone in the Rutland Family together! It doesn't happen often.





The new year is the perfect time to invite your friends to join you at Rutland Place. Encourage them to consider your community as their new home—our wonderful apartments, great activities and unmatched comradery! If they decide to become your neighbor, we would be pleased to reward you with a

### \$1500 Rent Credit

So if you have a friend looking for a place to call home, tell them about Rutland Place. They'll have a nice home and you'll have your stocking stuffed in time for the holidays!!

This is a limited time promotion and with any program this generous, there are a few simple details required to secure your \$1500 bonus.

- You must turn in your friend's name to Pam Barton before any other referral agency, otherwise it cannot be accepted. Referrals who are already in our system are not eligible. Pam will follow your instructions on whether or not to contact your friend. The main objective is to get your friend's name in the marketing system so you can get the referral credit.
- The referral must move in and be a resident at Rutland Place for 30 days.
- After 30 days you will receive a \$1500 referral credit on your rent statement.

As you can see, the process is simple and the rewards great. Reach out to Pam Barton with any questions...or better yet, REFERRALS!



AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road Mt. Juliet, TN 37122

(615) 773-6111

www.RutlandPlaceSeniorLiving.com



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# Welcoming a Great New Year to Rutland

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Happy New Year! Welcome 2023! We have SO much to be happy about! We have had another wonderful year here at Rutland Place! The New Year has always been a good time to reflect and to look forward to what lies ahead. A New Year means opportunities, a chance to make changes, do new things and even work on a specific area of life or self that we would like to improve.

HAPPYNEW

We would like to thank all of our members of the **Resident Advisory Council** and their committee members for doing such an outstanding job! We encourage you to participate on one or more of the committees. We need your help and value your input. Here is a brief description of each committee:

- Activities Committee—Assist Dave, our Life Enrichment Director, in planning and evaluating the activities of the residents of Rutland Place.
- Library Committee—Maintain the Rutland Place Library.
- Food Service Committee—Serve as liaison between the Food Service Department and residents by encouraging use of comment cards, feedback and menu suggestions.
- Building and Grounds Committee—Inspect the grounds on a regular basis and make recommendations to management for improvements. Also, takes care of raised flower beds on pavilion.
- Hospitality Committee—Welcome new residents, initialize involvement of new residents in Rutland Place community life.
- Safety Committee—Works to create and maintain a safe and healthy environment for all residents and employees by suggesting new safety precautions and procedures. Helps with Good Neighbor Program, fire drills and tornado warnings. The Council's vice president will be the liaison with this committee.

I'm so happy to be here with you and thank all of you for making it a Happy New Year here at Rutland Place!

—Karen Tucker, Executive Director

### NEW RESIDENT ADVISORY 2023 COUNCIL OFFICERS

President	Kerry Keisling
Vice President	•
Secretary	
Treasurer	

#### **2022 COUNCIL MEMBERS**

Thanks to our 2022 Resident Council Officers for their service. The members and their committees did such a wonderful job. Members are listed with the respective committees that they chaired.

President	Dianne Cozart
Vice President	Larry Wenn
Secretary	Betty Swafford
Treasurer	Cliff Cozart
Library Chair	.Sharon Coghlan
Building & Grounds Chair	Saundra Sims
Activities Chair	Sericea Parker
Food Service Chair	Barbara Siple
Safety Chair	Larry Wenn
Hospitality Chair	Rosie Ward

## What a Fabulous Christmas Season We Had at Rutland Place!







We were fortunate to visit the Tennessee Residence along with all the fabulous happenings right here at home!

## A Note from Dave...The Blessings of the New Year

Thank you to everyone who is a part of the Rutland Place family! From staff to residents and even families of residents, you all have been such a blessing. I feel so privileged to be able to work with you all. I like to think we are all very fortunate to have one another. What a wonderful year we are wrapping up. I encourage everyone to remember that as I lean on you, you can continue to lean on me.

I have been very encouraged by the kind words I have received from everyone. As always, I look forward to starting a new month with you all. With this new month we bring in a new year. WOW. 2023!

With the new year comes new opportunities, new people, new places and new mindsets. I encourage everyone to take a step back and enjoy themselves and everything life has to offer. Get involved, try new activities, try new food and step out of your comfort zone. Maybe even try a new hobby, because you never know until you try!

As I encourage you all to do new things, keep encouraging me as well. I thank you and I love you all! I hope the new year brings all of us closer to one another. Lets tackle 2023 together! Love you guys!

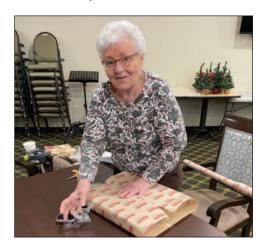
—Dave Putman, Life Enrichment Director

## **Decorating and Gift Wrapping**

Residents had a great time wrapping gifts for Christmas and we had lots of smiles as we decorated the building!











## RUTLAND ©PLACE

435 N.W. Rutland Road • Mt. Juliet, TN 37122

(615) 773-6111

RutlandPlaceSeniorLiving.com

Karen Tucker	Executive Director
Pam Barton	Marketing Director
David Putman	Life Enrichment Director
Eric Webb	Food Service Director
Minna PolhemusAdı	ministrative Services Director
Tara Armstrong	.Building & Grounds Director
Brandon Killoran	Dining Room Manager
Stefan Reed, Amanda Jones	- <b>Valero</b> Housekeeping
Pattie Crawford	Sous Chef
Mike Guerrieri, Dave Boltz	Maintenance Assistants
Cathy Salisbury	Director of Home Services
Tommy Hall	Driver

## Santa Made a Special Visit to Rutland Place During Our Holiday Open House









Haven Velasquez .....8th



Pam Barton .....29th







## **January Celebrations!**

#### **RESIDENT BIRTHDAYS**

Jeannie Barlar11th	Linda Van Hook22nd	
Leta Cosby12th	Vicki Wyatt30th	
Barbara Siple 21st	-	
STAFF BIRTHDAYS		
Glenn Harla6th	Sylvia O'Choa20th	

**January Birthday Bash** 

Tuesday, January 24th



A BIG THANK YOU to our Resident Advisory Council for implementing the Employee Appreciation Fund and to all the wonderful residents for being so very generous. You certainly helped the staff have a very Merry Christmas! Thank you so much!