

# Out & About

Last month's outings included lunch at Town Square Social in Lebanon and Jeremiah's Italian ice—two trips that weren't canceled due to snow.



## February Happenings!

Check the calendar for times

**Bingo at the Senior Center**  
**Valentine Crafts**

Friday, February 2nd

**Busy Hands Jewelry Sale**

Saturday, February 3rd

**Music by Debi & Friend**  
**Valentine Card Making**

Monday, February 5th

**Music Therapy**

Tuesday, February 6th

**Music by Jessica Rose**

Thursday, February 8th

**Lunch at Panera Bread**

Friday, February 9th

**Mardi Gras Party with the**  
**Music City Dixieland Band**

Tuesday, February 13th

**Ice Cream Sundae Social**

Wednesday, February 14th

**Lunch at Hardees**

Friday, February 16th

**Music by Jamie Fain**

Monday, February 19th

**Breakfast at Eggs Up Grill**  
**Painting Class**

Tuesday, February 20th

**Horse Racing with Kris**

Thursday, February 22nd

**Breakfast Uno**  
**Rutland's Got Talent**

Friday, February 23rd

**Nashville Flute Choir**

Sunday, February 25th

**Dinner at Olive Garden**

Wednesday, February 28th

**Birthday Bash**

Thursday, February 29th

Brandon got a great photo of deer frolicking in the snow.



## Bring Those You Love, Closer To You

Valentine's Day reminds us of the joy in having family and friends close at hand. So if you have a friend looking for a place to call home, tell them about Rutland Place. They'll have a nice home and you'll have your heart filled with love for your new neighbor!

### \$1500 Rent Credit

It has long been said that a kind word from a good friend is our best advertising. We have a special referral reward if you tell a friend and they decide to become a part of our Rutland Place family.

This is a limited time promotion and with any program this generous, there are a few simple details required to secure your \$1500 bonus.

- You must turn in your friend's name to **Pam Barton** before any other referral agency, otherwise it cannot be accepted. Referrals who are already in our system are not eligible. Pam will follow your instructions on whether or not to contact your friend. The main objective is to get your friend's name in the marketing system so you can get the referral credit.

- The referral must move in and be a resident at Rutland Place for 30 days.

- After 30 days you will receive a \$1500 referral credit on your rent statement.

As you can see, the process is simple and the rewards great. Reach out to **Pam Barton** with any questions...or better yet, REFERRALS!

# RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road  
Mt. Juliet, TN 37122

**(615) 773-6111**

[www.RutlandPlaceSeniorLiving.com](http://www.RutlandPlaceSeniorLiving.com)



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FEBRUARY 2024

## The Rutland Rave



### EXECUTIVE DIRECTOR'S CORNER

## Lots to Love in February at Rutland Place!



February is the month of LOVE! And, of course, you are just going to LOVE all that our Life Enrichment Director, **Michelle Dillon**, has planned for you this month! We've got lots of fun things to do this month!

Kick off the month by gathering in the Movie Theatre to cheer on your favorite team on **Super Bowl Sunday, the 11th!** Watch the game with friends and experience a new level of excitement!

Enjoy the awesome music of the **Music City Dixieland Band** as they help us kick off **Mardi Gras** on "Fat Tuesday," on **February 13th**—the day before lent begins.

Mark your calendar for our celebration of **Valentine's Day** on Wednesday, **the 14th**. We'll have a special **ice cream sundae social** with dinner!

I am just loving Rutland Place these days. We have a full

house of wonderful folks who are getting out, getting involved and making the most of their retirement by living at Rutland Place! Residents are very involved in our community, with many sharing their gifts and talents. Lots of your friends and neighbors volunteer and serve on one or more of the **Resident Council Committees**: Activities, Hospitality, Food, Building & Grounds, Library and Safety. If you are interested in getting involved in a committee, please see our 2024 Resident Council President, **Wendell Poole**.

Yes, February is the month of love...but at Rutland Place, it is also the month of fun! Don't miss out on all the great things Michelle has planned for you! Be sure to join in and make the most of this (hopefully) last winter month!

We hope you know how much YOU are loved here at Rutland Place!

—**Karen Tucker**, Executive Director

## Our New Year's Eve Celebration Was Truly Enjoyable!



Entertainment by  
the Music City  
Dixieland Band!

Exciting New Orleans  
Atmosphere and Fun!

# Mardi Gras

"Fat Tuesday"  
February 13th  
5:00 p.m.  
Dining Room

## A Note from Michelle...A Fabulous February Awaits Us!

It is hard to believe January has come and gone! What a great start to the new year it was. I had a wonderful time celebrating with you all at our New Year's Eve party! We had great music, delicious treats and fantastic fellowship, but what I enjoyed most of all was the dancing! I very much appreciate Jerry Beatty teaching me the Tennessee Waltz and putting up with my two left feet! We had so much fun and I can't wait to keep the fun and the love going with a new month.

February is here, the month of love, and we have so many fun things planned for you! There is lots to celebrate this month and I hope you will join us for some or all of the festivities!

February is recognized chiefly for Valentine's Day and being the third winter month but there are so many interesting facts that make it so much more than just an ordinary month. Interestingly, throughout history, the length of February kept changing; at one point, it had as little as 23 days! We have now settled on 28, except for this year and every leap year. February comes from the Latin word februa, which means "to cleanse." The month was named after the Roman Februalia, a month-long festival of purification and atonement that took place this time of year.

National Black History Month is observed each February. In 1926, historian Carter G. Woodson developed "Negro History Week" to recognize the efforts and achievements of Black Americans. President Gerald Ford expanded the week-long event into a month-long observance in 1976 to acknowledge the significant contributions made by Black Americans throughout the country's history.

February's zodiac signs are Aquarius and Pisces. Even though millions of roses are sold during February due to Valentine's Day, the violet and the primrose are the symbolic birth flowers. Give a violet to someone to let them know you'll always be there for them. The primrose lets someone know that you can't live without them.

Like the violet, February's birthstone is a purple color. It's the beautiful amethyst. February's full Snow Moon reaches peak illumination on Saturday the 24th. It's known as the Snow Moon due to the typically heavy snowfall in February. Let's make sure to give and receive plenty of love as we share another great month together at Rutland Place. I love you all!

—Michelle Dillon, Life Enrichment Director

## What a Happy New Year's Eve It Was!



Our New Year's Eve Party was full of music by **Jessica Rose**, dancing, good snacks and even better friends!



## Seen Around Our Community



Melanie Pope's first born grandson, **Bristol**, visited.

You were very generous in your donations for the **Eyes of Love Ministry**. They are so thankful for everyone's help.

*Busy Hands Don't Need It, You Take It* gave residents something to do while snowed in and also helped some decluttering.



The first **Food Committee** meeting of 2024 was well attended.

**RUTLAND PLACE**

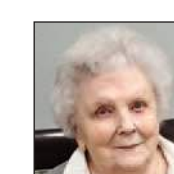
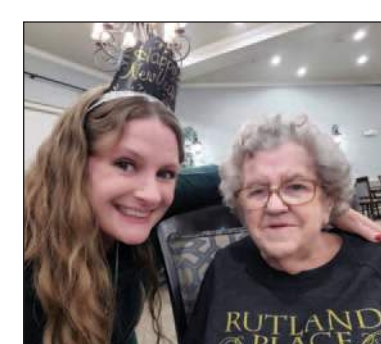
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**Karen Tucker** .....Executive Director  
**Pam Barton** .....Marketing Director  
**Eric Webb**.....Food Service Director  
**Michelle Dillon** .....Life Enrichment Director  
**Minna Polhemus** .....Administrative Services Director  
**Brandon Killoran** .....Dining Room Manager  
**Tina Rogers** .....Sous Chef  
 .....Housekeeping  
**Mike Guerrieri**.....Maintenance Director  
**Dave Boltz** .....Maintenance Assistant  
**Cathy Salisbury** .....Director of Home Services

**Tommy Hall** .....Driver  
**Keely Sellars, Callie Cash, Lisa Swafford, Debi Lelievre, Macie Rogers, Wyatt Smith, Mikayla Blackwell, Leyla Sims, Riley Sherman, Cheyenne Smith, Destini Smith, Lilie Huber, Gabby Perry, Sage Pollard, Allison Mayberry** .....Food Service  
**Ashley Weatherford, Glenn Harla, Shelby Lahammer, Linda Eller, Jeanna Warren** .....Front Desk  
**Dave Putman** .....Man About Rutland  
**Maria De La Garza, Sylvia O'Choa, Amanda Jones-Valero, Rachel Bassett, Kathy Carr**.....Home Services  
**Rachel Burgener**.....Salon



## February Birthdays!

### RESIDENTS

**Doug McVey** .....6th  
**Joe Daly** .....10th  
**Stuart Serlin** .....12th  
**Trooper Richards** .....21st

*Warm wishes for a great day!*

### STAFF

**Reece Lopez** .....7th  
**Amanda Jones-Valero**.....10th  
**Wyatt Smith**.....14th  
**Tina Rogers** .....23rd  
**Aubrey Spencer**.....26th

