

# March Happenings!

This month, we're celebrating **St. Patrick's Day**, along with **Easter**, which falls at the end of the month. To mark these occasions, we have several activities planned. These include a trip to **McNamara's Irish Pub** in Nashville, a "wear green" day on Friday, the **15th**, followed by our **St. Patrick's Party** that evening. We'll also have a special themed bingo with Karen!

For Easter, we're organizing a special **egg hunt** for the kids, and we'd appreciate your help filling those eggs with candy! Additionally, we'll be making Easter crafts on Monday, the **18th**. Don't miss a special holiday performance by the **JOY Singers** on Tuesday, the **26th**. Mark your calendar and be a part of our month filled with festivities!

**Brandon's Going Away Party**  
Friday, March 1st

**Music by Gabe Lamog**  
Monday, March 4th

**Lunch at McNamara's Irish Pub**  
**February/March Birthday Bash**  
Friday, March 8th

**Music by Pam Weston**  
Monday, March 11th

**Music Connections**  
**Men's Corndog Lunch**  
Tuesday, March 12th

**Blarney Bingo and**  
**Shamrock Shenanigans**  
Wednesday, March 13th

**Resident Meeting**  
**Dinner at Uncle Bud's**  
Thursday, March 14th

**Easter Crafts with**  
**Jacob and Michelle**  
Monday, March 18th

**Breakfast Out at IHOP**  
**Music by Dennis Rader**  
Tuesday, March 19th

**Trip to the Aquarium**  
**and City Café**  
Wednesday, March 20th

**Music by Bill Sleeter**  
**Dinner at Cracker Barrel**  
Friday, March 22nd

**JOY Singers Performance**  
Tuesday, March 26th

**Bus to Craig Duncan Concert**  
Wednesday, March 27th

**Alzheimer's Whisperer**  
Thursday, March 28th

**Jeremiah's Italian Ice**  
**Easter Egg Hunt**  
Friday, March 29th

**Easter Brunch**  
Sunday, March 31st

## Sing Our Praises!

### Resident Referral Program Offers a \$1500 Reward!

Springtime brings all things exciting and new! There's no better time to tell your friends and family about Rutland Place. Invite them to consider your community and see all the wonderful comforts provided. When you sing our praises you could earn a

## \$1500 Rent Credit

So if you have a friend ready to make a lifestyle change, tweet good things about us! Refer your family. They'll have a lovely home and you as a neighbor! You'll have a nice addition to your nest egg!

This is a limited-time promotion, and with any program this generous, you must provide a few simple details to secure your \$1500 bonus.

- You must turn in your friend's name to Pam Barton before any other referral agency; otherwise, it cannot be accepted. Referrals who are already in our system are not eligible. Pam will follow your instructions on whether or not to contact your friend. The main objective is to get your friend's name in the marketing system so you can get the referral credit.

- The referral must move in and reside at Rutland Place for 30 days.

- After 30 days, you will receive a \$1500 referral credit on your rent statement.

As you can see, the process is simple and the rewards great. Reach out to Pam Barton with any questions...or better yet, REFERRALS!

# RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road  
Mt. Juliet, TN 37122

**(615) 773-6111**

[www.RutlandPlaceSeniorLiving.com](http://www.RutlandPlaceSeniorLiving.com)



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# He Is Risen!

## Celebrate the Resurrection

Christ the Lord is risen today, sons of men and angels say.  
Raise your joys and triumphs high; sing, ye heavens and earth reply.  
— CHARLES WESLEY

# The Rutland Rave

## APRIL 2024



### EXECUTIVE DIRECTOR'S CORNER

## Enjoying a Welcomed Change of Season!

Happy Spring! It's starting to get a little bit warmer and flowers are beginning to pop up! Be sure to get out and enjoy some of this beautiful spring weather! Put up that heavy winter coat and welcome the festivities and fun of spring. It is the month of green...ready the blarney stone and we'll be creating our own "Luck of the Irish" at Rutland Place this month!

Daylight saving time will begin on Sunday, March 10th. Remember to **SPRING FORWARD** and set your clocks before you go to bed on Saturday the 9th!

In celebration of St. Patrick's Day, be sure to join me as I host "Blarney Bingo and Shamrock Shenanigans!" It'll be a

great time, and that's no blarney!

Check your calendar to see what fun and fabulous activities and events Michelle has planned for you!

We'll wrap up the month with the beautiful celebration of Easter. Wait until you see what our incredible Food Service Department prepares for our special Easter Buffet. Please invite your family and make reservations at the Front Desk for one of our most extraordinary meals of the year!

Just feel the blessings we've been given...the resurrection of our Lord and Savior, the beginning of a new season and being a special part of the Rutland Place family!

—Karen Tucker, Executive Director

## There's So Much to Do Everyday at Rutland Place!



Our Valentine's Day and Mardi Gras events were colorful and enjoyable as we shared the occasions with friends and neighbors.

## Memorable Moments



Superbowl watch party

Gary and Jane Orr celebrate their 50th wedding anniversary

A special date for Jim and Sherry Spicer



## A NOTE FROM MICHELLE Spring is Upon Us!

It's crazy to think we are already in our third month of 2024. March is the first month of spring and I know many of you are looking forward to the warmer weather it will bring. Spring is a season of renewal and rebirth, transitioning from the cold, dark winter months to the warmer, brighter summer days. It is the time of year when the natural world awakens from its slumber throughout the winter months, with flowers blooming, trees budding, and animals rising from their wintertime rest.

In many different cultures throughout the world, the beginning of spring is a time to rejoice, and these celebrations typically involve some festival or religious event. It is also common for people to clean their homes, tend to their gardens, and engage in other activities that communicate a desire to begin anew and welcome change. Overall, spring is a time of hope and optimism because it reminds us that even after a long, cold winter, the world can be full of color, warmth, and vitality once again.

Here are some fun facts for you: March brings the vernal equinox, the Full Worm Moon and the return of Daylight Saving Time! March zodiac signs are Pisces and Aries. The March birthstone is the aquamarine. This gem is a type of beryl; its color can be pale to dark blue, greenish-blue, or blue-green. March's birth flower is the daffodil or jonquil. The daffodil signifies regard or unrequited love. The jonquil means "I desire a return of affection."

March's full moon, the Worm Moon, reaches peak illumination on the morning of Monday, March 25, 2024. Look for it on the evening of Sunday, March 24, as the moon rises above the horizon!

I am really looking forward to another beautiful month with my Rutland Family!

—Michelle Dillon,  
Life Enrichment Director

## Lots of Valentine Smiles!



## A Marvelous Mardi Gras!



## March Birthdays!

Peggy Nichol.....4th	Jan Drury .....14th	Renee Serlin .....28th
Frances Partee.....4th	Gary Orr.....15th	Jerry Beatty .....29th
Shirley Wallace .....4th	Peggy Poore.....23rd	Dorothy Mobley .....29th
Belle Butler .....5th	Dianne Cozart .....24th	Nancy Decker .....30th
Libby Pierce .....12th	Carol Haley .....28th	
<b>STAFF BIRTHDAYS</b>		
Gabby Perry .....4th	Shelby Lahammer ..17th	Sage Pollard.....30th
Scott Strand .....14th	Godfrey Afoutou.....25th	

**Rutland Place wishes you a wonderful celebration!**

## RUTLAND PLACE

435 N.W. Rutland Road • Mt. Juliet, TN 37122

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RutlandPlaceSeniorLiving.com

**Karen Tucker** .....Executive Director  
**Pam Barton** .....Marketing Director  
**Eric Webb**.....Food Service Director  
**Michelle Dillon** .....Life Enrichment Director  
**Minna Polhemus** .....Administrative Services Director  
**Dave Putman**.....Dining Room Manager  
**Tina Rogers** .....Sous Chef  
**Mike Guerrieri**.....Maintenance Director  
**Dave Boltz** .....Maintenance Assistant  
**Teresa Schofield, Freda Carr-Tenorio** .....Housekeeping  
**Cathy Salisbury** .....Director of Home Services

**Tommy Hall** .....Driver  
**Callie Cash, Lisa Swafford, Debi Lelievre, Piper Christman, Macie Rogers, Wyatt Smith, Mikayla Blackwell, Leyla Sims, Riley Sherman, Cheyenne Smith, Destini Smith, Lilie Huber, Gabby Perry, Sage Pollard, Allison Mayberry, Keira Bartlett** .....Food Service  
**Ashley Weatherford, Glenn Harla, Shelby Lahammer, Linda Eller, Jeanna Warren, Ryan Thompson, Megan Newsom** .....Front Desk  
**Maria De La Garza, Sylvia O'Choa, Amanda Jones-Valero, Rachel Bassett, Kathy Carr** .....Home Services  
**Rachel Burgener**.....Salon