

March Happenings!

This month, we're celebrating **St. Patrick's Day**, along with **Easter**, which falls at the end of the month. To mark these occasions, we have several activities planned. These include a trip to **McNamara's Irish Pub** in Nashville, a **"wear green" day** on Friday, the **15th**, followed by our **St. Patrick's Party** that evening. We'll also have a special themed bingo with Karen!

For Easter, we're organizing a special **egg hunt** for the kids, and we'd appreciate your help filling those eggs with candy! Additionally, we'll be making Easter crafts on Monday, the **18th**. Don't miss a special holiday performance by the **JOY Singers** on Tuesday, the **26th**. Mark your calendar and be a part of our month filled with festivities!

Brandon's Going Away Party
Friday, March 1st

Music by Gabe Lamog
Monday, March 4th

Lunch at McNamara's Irish Pub
February/March Birthday Bash
Friday, March 8th

Music by Pam Weston
Monday, March 11th

Music Connections
Men's Corndog Lunch
Tuesday, March 12th

Blarney Bingo and
Shamrock Shenanigans
Wednesday, March 13th

Resident Meeting
Dinner at Uncle Bud's
Thursday, March 14th

Easter Crafts with
Jacob and Michelle
Monday, March 18th

Breakfast Out at IHOP
Music by Dennis Rader
Tuesday, March 19th

Trip to the Aquarium
and City Café
Wednesday, March 20th

Music by Bill Sleeter
Dinner at Cracker Barrel
Friday, March 22nd

JOY Singers Performance
Tuesday, March 26th

Bus to Craig Duncan Concert
Wednesday, March 27th

Alzheimer's Whisperer
Thursday, March 28th

Jeremiah's Italian Ice
Easter Egg Hunt
Friday, March 29th

Easter Brunch
Sunday, March 31st

Sing
Our
Praises!

Resident Referral Program
Offers a \$1500 Reward!

Springtime brings all things exciting and new! There's no better time to tell your friends and family about Rutland Place. Invite them to consider your community and see all the wonderful comforts provided. When you sing our praises you could earn a

\$1500 Rent Credit

So if you have a friend ready to make a lifestyle change, tweet good things about us! Refer your family. They'll have a lovely home and you as a neighbor! You'll have a nice addition to your nest egg!

This is a limited-time promotion, and with any program this generous, you must provide a few simple details to secure your \$1500 bonus.

- You must turn in your friend's name to Pam Barton before any other referral agency; otherwise, it cannot be accepted. Referrals who are already in our system are not eligible. Pam will follow your instructions on whether or not to contact your friend. The main objective is to get your friend's name in the marketing system so you can get the referral credit.

- The referral must move in and reside at Rutland Place for 30 days.

- After 30 days, you will receive a \$1500 referral credit on your rent statement.

As you can see, the process is simple and the rewards great. Reach out to Pam Barton with any questions...or better yet, REFERRALS!

RUTLAND
PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road
Mt. Juliet, TN 37122

(615) 773-6111

www.RutlandPlaceSeniorLiving.com



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He Is Risen!
Celebrate the Resurrection

Christ the Lord is risen today, sons of men and angels say.
Raise your joys and triumphs high; sing, ye heavens and earth reply.
— CHARLES WESLEY

The Rutland Rave
APRIL 2024



EXECUTIVE DIRECTOR'S CORNER

Enjoying a Welcomed Change of Season!

Happy Spring! It's starting to get a little bit warmer and flowers are beginning to pop up! Be sure to get out and enjoy some of this beautiful spring weather! Put up that heavy winter coat and welcome the festivities and fun of spring. It is the month of green...ready the blarney stone and we'll be creating our own "Luck of the Irish" at Rutland Place this month!

Daylight saving time will begin on Sunday, March 10th. Remember to **SPRING FORWARD** and set your clocks before you go to bed on Saturday the 9th!

In celebration of St. Patrick's Day, be sure to join me as I host "Blarney Bingo and Shamrock Shenanigans!" It'll be a

great time, and that's no blarney!

Check your calendar to see what fun and fabulous activities and events Michelle has planned for you!

We'll wrap up the month with the beautiful celebration of Easter. Wait until you see what our incredible Food Service Department prepares for our special Easter Buffet. Please invite your family and make reservations at the Front Desk for one of our most extraordinary meals of the year!

Just feel the blessings we've been given...the resurrection of our Lord and Savior, the beginning of a new season and being a special part of the Rutland Place family!

—Karen Tucker, Executive Director

There's So Much to Do Everyday at Rutland Place!



Our Valentine's Day and Mardi Gras events were colorful and enjoyable as we shared the occasions with friends and neighbors.

Memorable Moments



Superbowl watch party

Gary and Jane Orr celebrate their 50th wedding anniversary

A special date for Jim and Sherry Spicer



A NOTE FROM MICHELLE Spring is Upon Us!

It's crazy to think we are already in our third month of 2024. March is the first month of spring and I know many of you are looking forward to the warmer weather it will bring. Spring is a season of renewal and rebirth, transitioning from the cold, dark winter months to the warmer, brighter summer days. It is the time of year when the natural world awakens from its slumber throughout the winter months, with flowers blooming, trees budding, and animals rising from their wintertime rest.

In many different cultures throughout the world, the beginning of spring is a time to rejoice, and these celebrations typically involve some festival or religious event. It is also common for people to clean their homes, tend to their gardens, and engage in other activities that communicate a desire to begin anew and welcome change. Overall, spring is a time of hope and optimism because it reminds us that even after a long, cold winter, the world can be full of color, warmth, and vitality once again.

Here are some fun facts for you: March brings the vernal equinox, the Full Worm Moon and the return of Daylight Saving Time! March zodiac signs are Pisces and Aries. The March birthstone is the aquamarine. This gem is a type of beryl; its color can be pale to dark blue, greenish-blue, or blue-green. March's birth flower is the daffodil or jonquil. The daffodil signifies regard or unrequited love. The jonquil means "I desire a return of affection."

March's full moon, the Worm Moon, reaches peak illumination on the morning of Monday, March 25, 2024. Look for it on the evening of Sunday, March 24, as the moon rises above the horizon!

I am really looking forward to another beautiful month with my Rutland Family!

—Michelle Dillon,
Life Enrichment Director

Lots of Valentine Smiles!



A Marvelous Mardi Gras!



March Birthdays!

Peggy Nichol.....4th	Jan Drury14th	Renee Serlin28th
Frances Partee.....4th	Gary Orr.....15th	Jerry Beatty29th
Shirley Wallace4th	Peggy Poore.....23rd	Dorothy Mobley29th
Belle Butler5th	Dianne Cozart24th	Nancy Decker30th
Libby Pierce12th	Carol Haley28th	
STAFF BIRTHDAYS		
Gabby Perry4th	Shelby Lahammer ..17th	Sage Pollard.....30th
Scott Strand14th	Godfrey Afoutou.....25th	

Rutland Place wishes you a wonderful celebration!

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Karen TuckerExecutive Director
Pam BartonMarketing Director
Eric Webb.....Food Service Director
Michelle DillonLife Enrichment Director
Minna PolhemusAdministrative Services Director
Dave Putman.....Dining Room Manager
Tina RogersSous Chef
Mike Guerrieri.....Maintenance Director
Dave BoltzMaintenance Assistant
Teresa Schofield, Freda Carr-TenorioHousekeeping
Cathy SalisburyDirector of Home Services

Tommy HallDriver
Callie Cash, Lisa Swafford, Debi Lelievre, Piper Christman, Macie Rogers, Wyatt Smith, Mikayla Blackwell, Leyla Sims, Riley Sherman, Cheyenne Smith, Destini Smith, Lilie Huber, Gabby Perry, Sage Pollard, Allison Mayberry, Keira BartlettFood Service
Ashley Weatherford, Glenn Harla, Shelby Lahammer, Linda Eller, Jeanna Warren, Ryan Thompson, Megan NewsomFront Desk
Maria De La Garza, Sylvia O'Choa, Amanda Jones-Valero, Rachel Bassett, Kathy CarrHome Services
Rachel Burgener.....Salon