



Sing Our Praises!

Resident Referral Program Offers a \$1500 Reward!

Springtime brings all things exciting and new! There's no better time to tell your friends and family about Rutland Place. Invite them to consider your community and see all the wonderful comforts provided. When you sing our praises you could earn a

\$1500 Rent Credit

So if you have a friend ready to make a lifestyle change, tweet good things about us! Refer your family. They'll have a lovely home and you as a neighbor! You'll have a nice addition to your nest egg!

This is a limited-time promotion, and with any program this generous, you must provide a few simple details to secure your \$1500 bonus.

- You must turn in your friend's name to Pam Barton before any other referral agency; otherwise, it cannot be accepted. Referrals who are already in our system are not eligible. Pam will follow your instructions on whether or not to contact your friend. The main objective is to get your friend's name in the marketing system so you can get the referral credit.

- The referral must move in and reside at Rutland Place for 30 days.

- After 30 days, you will receive a \$1500 referral credit on your rent statement.

As you can see, the process is simple and the rewards great. Reach out to Pam Barton with any questions...or better yet, REFERRALS!

RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road
Mt. Juliet, TN 37122

(615) 773-6111

www.RutlandPlaceSeniorLiving.com



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April Happenings!

Check this list and *mark your calendar* with all the exciting activities, programs, outings and events coming your way this month.

"The April Fools" Movie
Monday, April 1st

JOY Singers Performance
Thursday, April 4th

Don't Need It, You Take It
Friday, April 5th

Solar Eclipse Viewing
Monday, April 8th

Music Connections
Tuesday, April 9th

Music by Unbroken Circle
Thursday, April 11th

Lunch at the Chocolate Covered Strawberry Restaurant
Friday, April 12th

Music by Debbi & Friend
Monday, April 15th

Breakfast Out at The Papermill and Painting Class
Tuesday, April 16th

The Alzheimer's Whisperer
Thursday, April 18th

Lunch at the Glade Diner
Friday, April 19th

Music by the Nashville Flute Choir
Sunday, April 21st

Picnic at Long Hunter State Park
Monday, April 22nd

"Elvis" Concert
Tuesday, April 23rd

Dinner Out at Olive Garden
Wednesday, April 24th

Music by Jessica Rose
Thursday, April 25th

April Birthday Bash
Friday, April 26th

Check the calendar for times

Rutland's Got Talent & Lots More Fun!



2024 Rutland Rave April Happenings

EXECUTIVE DIRECTOR'S CORNER

The Magnificence of Spring at Rutland Place!

Hello, Spring! It's great to have some nice days to enjoy this wonderful time of the year. Spring, synonymous with rebirth, rejuvenation, renewal, resurrection, and regrowth, brings a sense of joy.

April is when we truly begin to notice the sun shining and feel the arrival of Spring. Our awesome Life Enrichment Director, Michelle, has lots of great activities planned for this month to ensure we enjoy the sunshine and warmer weather.

Did you know?

- Those born in April have a diamond as their birthstone, symbolizing innocence, with the daisy or sweet pea as their birth flower.
- April hosts two zodiac signs: Aries until April 19th, and Taurus from April 20th onwards.
- Meteor showers like the Lyrids (April 16th to 26th) and Eta Aquariids (from April 21st) make April special.
- April boasts the birthdays of notable historical figures such as Leonardo da Vinci, Shakespeare and Queen Elizabeth II.
- Significant events in April include the sinking of the Titanic on April 14th, 1912, and George Washington's inauguration as the first President of the United States on April 30th, 1789.

- April Fools' Day, on April 1st, is a well-known date, possibly inspired by Geoffrey Chaucer's "Canterbury Tales."
- Apollo 13's launch on April 11th, 1970 began its ill-fated trip to the moon and, thankfully, back.
- The first modern Olympics was held in Athens on April 6th, 1896.
- The Chernobyl disaster occurred on April 26th, 1986, leading to an evacuation order covering a 300-mile radius.
- Animals begin emerging from hibernation and birds migrate north to mate in April.
- Ford unveiled its first Mustang on April 17th, 1964, costing \$2,368.
- The first battle of the Revolutionary War broke out on April 19th, 1775.

What a wonderful season! Longer days, beautiful weather and fun activities await us! Remember, "April showers bring May flowers," so let's embrace the silver lining even on rainy days. It's going to be another great month of fun at Rutland Place!

April showers bring May flowers...but what do May flowers bring? Pilgrims!

—Karen Tucker, Executive Director

Every Day is Amazing at Rutland!





Rutland Place's Lively Irish Celebration



Made St. Patty Proud!



A NOTE FROM MICHELLE April Reflections

As we enter our first month of spring, I am reflecting on the past year and all of the amazing things that it brought me. I came to Rutland Place almost two years ago and have been Life Enrichment Director for the past year. I would have never imagined that this is where God would place me but I am very grateful that he did.

I feel so blessed to be surrounded by the most loving and supportive people. We have such a positive community that lifts each other up in our times of need and comforts each other during sadness and loss. Everyone is always looking out for each other and ready to lend a helping hand. It really does take a village and I can't think of a better village to belong to.

I often find myself asking, "Where did the time go?" We only get one life on earth and it is so important to cherish our time here. It's easy to take things for granted and I want to share with you some quotes that help me to really appreciate life's moments and live them to the fullest.

*Appreciate the moments while you are in them.
In a blink, they are but memories.*

Spread love everywhere you go.

Let no one ever come without leaving happier.

*When we strive to become better than we are,
everything around us becomes better too.*

Don't regret what you didn't do.

Rejoice in the things that you did.

The only thing we have to fear is fear itself.

*If you cannot do great things,
do small things in a great way.*

Always do your best.

What you plant now, you will harvest later.

Life does not have to be perfect to be wonderful!

I encourage you to live in the moment. It is never too late to start living life and doing what makes you happy. Meet new people. Try a new activity. Call an old friend. Whatever you choose to do, do it now and don't wait until tomorrow. Let's enjoy the changing seasons and enjoy each other. I know it's going to be another great month at Rutland Place.

—Michelle Dillon, Life Enrichment Director



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RutlandPlaceSeniorLiving.com

Karen TuckerExecutive Director
Pam BartonMarketing Director
Eric WebbFood Service Director
Michelle DillonLife Enrichment Director
Minna PolhemusAdministrative Services Director
Dave PutmanDining Room Manager
Tina RogersSous Chef
Mike GuerrieriMaintenance Director
Dave BoltzMaintenance Assistant
Freda Carr-TenorioHousekeeping
Cathy SalisburyDirector of Home Services

Tommy HallDriver
Callie Cash, Lisa Swafford, Debi Lelievre, Piper Christman, Macie Rogers, Wyatt Smith, Mikayla Blackwell, Leyla Sims, Riley Sherman, Cheyenne Smith, Destini Smith, Lilie Huber, Gabby Perry, Sage Pollard, Allison Mayberry, Keira Bartlett,Food Service
Ashley Weatherford, Glenn Harla, Shelby Lahammer, Ryan ThompsonFront Desk
Maria De La Garza, Sylvia O'Choa, Amanda Jones-Valero, Rachel Bassett, Kathy CarrHome Services
Rachel BurgenerSalon

April Birthdays!

Sara Crittenden3rd	Martha Campbell ...15th	Kathryn Baskin28th
Mabel Davidson4th	Elwood Halterman ..19th	Marvin Agee30th
Elaine Gerbert4th	Byron Pruitt20th	Gail Lankford30th
Jim Neschke13th	Judy Groce21st	Terry Tyler30th
STAFF BIRTHDAYS		
Macie Rogers5th	David Boltz9th	Ryan Thompson18th
	Tommy Hall16th	

Rutland Place wishes you a wonderful celebration!