

August Happenings

Necklace Making
Thursday, August 1st

Bingo at Senior Center
Afternoon Watermelon
Friday, August 2nd

Music by Dixieland Band
Monday, August 5th

Music Connections
Tuesday, August 6th

Music by Jessica Rose
Thursday, August 8th

Lunch at Culver's
Friday, August 9th

Music by Dennis Rader
Monday, August 12th

Breakfast at Sweetmilk
Tuesday, August 13th

Big Monte Memphis
Free Concert
Wednesday, August 14th

Bus to Haagen-Dazs
Music by Tony Zain
Friday, August 16th

Music by Debbi & Friend
Monday, August 19th

Lunch at Olive Garden
Friday, August 23rd

Banana Split Night
Monday, August 26th

Lunch at Panda Express
Tuesday, August 27th

August Birthday Bash
Thursday, August 29th

Games with Legacy
Friday, August 30th

Legacy Hosted a Balance Clinic



Show and Tell
Was Lots of Fun!



SPECIAL LIMITED TIME OFFER!

Friendships Are Blooming at Rutland Place!

Resident Referral Program Now Offering \$1500

Friendships bloom during summer and you have the perfect chance to bring your friend closer! There's no better time to tell your friends and family about Rutland Place. Invite them to consider your community and see all the wonderful comforts provided. Tell them about us and you could earn a

\$1500 Rent Credit

So if you have a friend looking for a place to bloom, tell them about Rutland Place. They'll have a nice home and you as a neighbor! Plus, you'll earn our bonus!

This is a limited time promotion and with any program this generous, there are a few simple details required to secure your \$1500 bonus.

- You must turn in your friend's name to Pam Barton before any other referral agency, otherwise it cannot be accepted. Referrals who are already in our system are not eligible. Pam will follow your instructions on whether or not to contact your friend. The main objective is to get your friend's name in the marketing system so you can get the referral credit.

- The referral must move in and be a resident at Rutland Place for 30 days.
- After 30 days you will receive a \$1500 referral credit on your rent statement.

As you can see, the process is simple and the rewards great. Reach out to Pam Barton with any questions...or better yet, REFERRALS!

RUTLAND PLACE

AN EXCEPTIONAL SENIOR COMMUNITY

435 N.W. Rutland Road
Mt. Juliet, TN 37122

(615) 773-6111

www.RutlandPlaceSeniorLiving.com



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The Rutland Rave

AUGUST 2024



There's Lots of Cool Things to Do in a Hot Summer

August is here and so begin the "dog days of summer." Although school is back in session and the days are slowly getting shorter, there is still plenty of summertime fun to be had at Rutland Place!



Remember to put on sunscreen, stay hydrated and get out and enjoy the warm weather. The patio and walking trail look beautiful, so take some time to get some fresh air and enjoy!

Here are a couple of fun facts about this month. August is popularly known as harvest month. The Earl of Sandwich invented the sandwich in 1762, so August is now National Sandwich Month! This page of the calendar is also referred to as "dog days of summer"—typically the hottest and most humid month of the year.

Be sure to check out the calendar to see what great events Michelle has planned. You might learn something, do a thing you haven't done in awhile and have fun at the same time! Rutland Place is always the "hottest" place to be this and every season!

Thank you, as always, for all you do to make this the absolute best senior living community around!

—Karen Tucker, Executive Director

Purple Heart Recipient Here at Rutland Place

Larry Barlar recently received this Purple Heart and Legion of Valor medal for his actions that occurred in July, 1975—49 years ago. When Larry was a police officer in Texas, he encountered four armed robbery suspects and was grievously wounded as a result. He was just 30 years old. Although he was eligible for these awards at that time, they weren't issued. He didn't worry about it too much because he was just grateful to be alive.

The oversight was resolved as of July 2024, and Larry finally received his long overdue medals at the age of 79. He has been added as a member of the American Police Hall of Fame, awarded a Purple Heart medal and a Legion of Valor medal.

"Bucket List" Skydiving

Vicki Wyatt had one thing remaining on her bucket list when she celebrated her 90th birthday. She wanted to go skydiving—so she did just that! With family along for support, Vicki went to Music City Skydiving on Memorial Day and finally got to put a big check mark

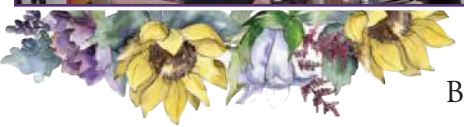


next to the last thing on her list. We are all incredibly proud of her bravery and fun spirit!



JOY Singers Performance

Blessings flowed from the JOY Singers tribute to America!



Embracing the Beauty of Butterfly Painting Classes



Donna Blankenship1st
 Jim Spicer2nd
 Pat Quinlan4th
 Pat Vailes7th
 Wayne Cain12th
 Bill Stricklin14th
 Rebecca Frith16th
 Vaughn Gibson17th
 Betty Dudley29th

STAFF

Maria De La Garza2nd
 Jacob Golumbeski3rd
 Darla Butler7th
 Charlie Greer9th
 Eric Webb20th
 Chloe Turner23rd



A NOTE FROM MICHELLE

Interesting Facts About August

Summer is in full swing and I am always looking for ways to cool down! My favorite way is to enjoy some ice cream and we'll do just that with our Banana Split Night this month. We'll also take the bus to Haagen-Dazs for ice cream sundaes and celebrate Watermelon Day on the patio with some juicy watermelon! Keep your eyes out for these activities and so much more on our August Calendar.

August has two birthstones—peridot, which brings good luck and protection, and sardonyx, which brings courage and happiness. August also has two birth flowers, the gladiolus and the poppy. August's astrology signs are Leo and Virgo.

There are no major holidays this month but there are plenty of August celebrations and observances to make every day on the calendar special! National Watermelon Day is the 3rd and the 4th is Chocolate Chip Cookie Day. The 7th is Purple Heart Day. Lazy Day falls on the 10th and Lefthanders Day is the 13th. The 21st is Senior Citizens' Day and Banana Split Day is the 25th!

Did you know that Senior Citizens Day began in 1988 courtesy of President Ronald Reagan? Its purpose is to show appreciation for seniors in throughout the nation and spread awareness about the issues of concern to this valuable group. We love and appreciate all of our senior residents here at Rutland Place!

—Michelle Dillon, Life Enrichment Director

Rutland Celebrated a Fabulous Fourth!



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RutlandPlaceSeniorLiving.com

Karen TuckerExecutive Director
Pam BartonMarketing Director
Eric WebbFood Service Director
Michelle DillonLife Enrichment Director
Minna PolhemusAdministrative Services Director
Dave PutmanDining Room Manager
Tina RogersSous Chef
Mike GuerrieriMaintenance Director
Dave BoltzMaintenance Assistant
Freda Carr-Tenorio, Darla ButlerHousekeeping
Cathy SalisburyDirector of Home Services

Tommy HallDriver
Callie Cash, Lisa Swafford, Piper Christman, Claire Emery, Macie Rogers, Wyatt Smith, Mikayla Blackwell, Leyla Sims, Riley Sherman, Cheyenne Smith, Destini Smith, Lilie Huber, Gabby Perry, Sage Pollard, Allison Mayberry, Keira Bartlett, Godfrey AfoutouFood Service
Jani Miller, Ashley Weatherford, Glenn Harla, Lori Nelson, Ryan Thompson, Karen SmithFront Desk
Maria De La Garza, Sylvia O'Choa, Laura Hancock, Rachel BassettHome Services
Rachel BurgenerSalon